

## Diary of Symptoms present in body during Health Crisis 2006

April 11, 2006 – awoke at 12:30 p.m. (went to sleep at 4:30 a.m. because I was looking at slide images online of different types of leukemia after having seen my own slide earlier today one image in particular looked like monoblastic leukemia and rouleaux formation of the RBCs seemed similar to what I observed (even though the lab tech thought blood overall looked normal, she stated a nephrologist or hematologist would have to look at the leukocytes to determine specific problems if any. Quite a lot of RBC were small and seemed like spherocytosis (autoimmune hemolytic anemia can appear this way (brought on by transfusion reaction) even though quantities of RBCs can be normal due to shape and malfunction symptoms of anemia can present)

That said, I awoke, feeling the usual headache and nausea, weakness and fatigue, pain in my joints, especially low back and ankles, and in my abdominal region, and just wished I could return to sleep rather than be bombarded with pain, weakness, and extreme fatigue throughout my body. Nevertheless I managed to sit up felt tingling in my lower right leg and skin pain (far more than it used to bother me on my right side where my dog had scratched me a couple days earlier. I hobbled with numb leg to the bathroom, urinated but couldn't defecate and after 20 minutes recovered enough strength to stand up again on my still tingling right leg and examine myself closely in the mirror. Petechiae spots were noted in mucous lining of my lower lip and whites of eyes have been a persistent dark grey with severe "blood shot" capillaries for at least two months now with no signs of clearing at anytime during that period. (They used to get bloodshot but would clear with good rest and sometimes stay somewhat white for awhile) I am dizzy, nauseated, and it takes supreme effort to write my thoughts. My abdominal area is swollen though I haven't eaten or drunken anything. Mixture of hunger coupled with a desire not to eat is unusual for me. Feel so weak and so limited mentally (lack of concentration, dizzy, headache as to prevent me from desiring to much of anything but rest and if strength permits look for a successful possible diagnosis/treatment for my ailment(s) now chronic for years but has progressed recently past several months to an inability to even work at the most enjoyable profession I've ever had. Today I feel I have enough strength to go downstairs and get some iced green tea and honey mixture I brew with cinnamon that seems to make me feel somewhat better and perhaps prepare something to eat for myself; other days I can't. One other possible observed symptom were that tiny pink dots (as if petechiae were under the skin) were noted in abundance and darker than usual on the upper portion of both arms). (New darker discolorations spots (which in past turned to moles) have started appearing on arms and chest area)

April 12, 2006 awoke 7:15 am. Fell asleep after 1:30 a.m. even with sleep aides (Dr. Bell's end fatigue formula) very difficult to get prolonged periods of uninterrupted rest. Rain on metal roof enough to awaken me. Been raining incessantly for many months this year and end of 2005. I feel terrible as usual nauseated, dizzy, slow of thought, like pressure swelling from neck up. Extreme body fatigue, difficult to walk or sit upright, head always leaning to one side on neck. Every morning inner ear itches. Blow nose white thick sinus mucous. I hate taking any pharmaceuticals but after months of being extremely fatigued I broke down and took clonazepam Dr. Haw had prescribed. It helped

a little in that I got 12 hours of uninterrupted rest that gave me slightly more energy but new Dr. says not good, some type of valium. I wonder how many Dr.'s would prescribe medications they're so worried about if they suffered extreme fatigue and bodily pain (pain in your muscles, pain in your joints, pain in your head, pain in your abdominal organs). At times, I agree no need in making a world full of drug addicts, but if you can't diagnose and if you can't cure the ailment, is it really such a terrible thing to assist in relieving some of the tormenting symptoms such as lack of ability to sleep due to invasive pains throughout the body. I also think doctors misunderstand levels of pain. I know pain. I worked in restaurants and unfortunately for me cut myself with sharp knives an embarrassingly amount of times, burned myself with hot oil, even slipping on a wet floor and submerging my entire hand in a deep fryer vat, chemically burned my leg with grill degreasing agent, burned by hot ovens and pans, fires, wood stoves, broken bones, dislocated joints, been shot in the head, kicked in the gonads, beaten in fights, had muscle strains and sprains, tendon pulls and tears, back injury that left me immobile for months and in over four years of therapy and has been chronic pain ever since, not to mention the many falls cuts, scrapes, flus most children endure. This does not speak to emotional pain, but on a purely physical pain, the head injury was so painful just the smell of perfume from a nurse walking down the hall and the sound of the footsteps was enough agony to want to leave this existence. EXTREMELY Painful, and the back injury so painful that it was impossible to crawl to a restroom to urinate or defecate; so I didn't eat for weeks and drank minimally and urinated in bottles until finally an acupuncturist came to my home and gave enough relief to make it into a spinal specialist. Some would ask why not an ambulance ride, emergency room in such cases, but when you're not so poor that your not homeless, but not so well off that you can afford health insurance, the financial set back of even emergency transportation costs only adds to and prolongs an injured persons misery. Something should be done about these outrageous expenses that take years to pay for the average American now. I'm not certain just how much I've spent attempting to get well of this most recent issue but my wife believes it's already in the tens of thousands after doing our recent tax returns. So from minor pain to pain so great that you can't think of anything else but the pain and either getting relief or going on to Heaven (dying because the pain is too unbearable) I don't even complain any longer about the chronic pain in my back, but endure it's ever presence because doctors are more concerned about prescribing pain relief than in offering patient care. So now for years, like the old adage of the frog in boiling water, pain has been increasing throughout my body, numbing, distracting and at times sharp and concentrated in various locations constant pain. While doctors try and figure what's wrong, it's agreeable to their moral sensibilities to let you suffer your symptoms until they become so unbearable, you are totally bed ridden and incapacitated. I repeat, I wonder if they only experienced what their patients are suffering how quickly they would reach for medications they're so very cautious to prescribe to others. So today like so many before, such a creeping gradual increase of invasive bodily pain, dizziness, and fatigue is my lot to endure. I know my God and my Lord and Savior, I must be missing an important lesson, I've been praying for answers many times daily for what seems like years now and although I hydrate, no sodas, no refined sugars, no canned goods, only fish, fresh produce, herbs, spices, and supplements from renowned individuals like Dr. Chappell, Dr. Bell, Dr. Lessman, it seems nothing is working. If the Lord is giving me time to finish a work, I wish it didn't

have to be so painful, but perhaps this is the way I would attempt to do what's most important. Unfortunately, perhaps I've been concentrating too long on my own well being, it's just that I have thought that you can't give what you don't have and it is difficult for me to proclaim the Gospel of Salvation and miraculous Divine abundant life and health to others while agonizing myself with such fatigue it's a struggle to walk from the bed to the bathroom. Don't get me wrong Health through God's Pharmacy, The Cure for Every Dis-Ease, Journey to Wellness, and all the many other books to well being I've followed help a little, but my symptoms have only gotten worse despite my best efforts to implement these changes for almost two years now. Lots of colored crispy produce, lots of salads, whole proteins, best fish, plenty of Omega-3's, I praise God that I'm able to afford all this, but I am finally finding it impossible despite my very best efforts to work and I want to work. I am on the verge of making the very highest income I've ever had only for the past two years it has been mitigated by my inability to concentrate and physically put my skills to good use. This is the most I've been able to write for a long time. Last night I ate spaghetti, a homemade sauce of my brother's with fresh tomatoes, some were canned stewed, some canned tomatoe sauce, but I had some parmesan cheese (cheeses I had cut out due to all the books and fighting Candida), and I even had some red wine and I think perhaps although I feel very ill my energy level must be higher, in that it's been long since I could write this much. Perhaps I'm just so angry that no diagnosis has been given and no treatment prescribed that is even remotely helping me progress to wellness although I have been researching now for so long. Today I go for a cat scan of my abdominal regions, perhaps something definitive will finally be discovered. It's strange but when you don't know what the problem is all you can do is stand on the Word of God which says by His stripes I am healed! And diet as the Word says. Though I do and am an ardent believer, this challenge is hurting me in so many ways. It is very difficult to watch my lovely wife have to work harder and take over all responsibilities of running this house. It is more than humiliating to admit I can no longer take care of myself and I don't know what I'd do if I were single. Lord Jesus please send competent experts to help me return to well being, please cause my being, my body to show forth the Abundant Life and Health You purchased with Your own suffering. If my time here is short, would you make it as painless as possible; so that I can work and be a responsible husband and minister of Your Gospel. Thank you. Lord. Amen.

April 18, 2006

My lower legs, shins especially have been itching and turning red, sometimes to the point of bleeding for over a year, but I never looked carefully and now can see at times these were probably breakouts of petechiae rash, some evidence this morning. I also think I remember more fully what that intelligent lab tech told me in Sept of 1988. She was concerned about an O- transfusion specifically because she had in fact noted Rouleaux formation and moderate spherocytosis. She was concerned that such a transfusion could be especially life threatening in her opinion because in her words my healthy cells were working harder because of the abnormal ones and damage to the healthy ones by an improper transfusion could disrupt what she thought as a delicate balance. I am concerned now that I believe I have remembered this conversation more fully that she may have been correct. Nevertheless, GOD is greater! If any one be in Christ, BEHOLD

he is a New Creation!, old things are Passed Away, All things are created Anew! Praise the Lord, Praise the Lord for His marvelous Word, His Lovingkindness, His Resurrected Power to raise us even if we pass to glory above!

April 22, 2006

About a week ago my stool changed from clay colored diarrhea to very dark brown and black paste. Faint and weak, I tried to find my wife at Home Depot just to walk with her through the store, but I became so dizzy, nauseous, and fatigued as well as internal organ pains, and my left arm starting hurting again with numbness. If being birthed into this life is such a wondrous event, yet painful just before; so much more the next. "Eye has not seen, nor ear heard, no has entered into the heart of man that which the LORD has prepared for them that Love Him, but the Spirit has revealed them to us!" And such the paradise I saw in the dream, it is at times difficult to choose staying or going; if the choice is mine to make at all. I want to make sure all my loved ones are well cared for, and I have worked to that end, but seem to be unable to proceed now that I'm so very close. I keep hoping for a miracle and my health to return, but I am also concerned that my broker has had an empty desk in his office for so long now. I am so hoping to be able to return to work, this could be my best year ever. However, I am feeling very ill; so unwell that thoughts come at night if I shall see morning and during waking moments, that the torment end either with the return of my health or by taking my long rest. I hand wrote my will, but because I included such things as God's ability to resurrect my body and entrusting all to Christ through my lovely wife as steward; yes, I am concerned in this day and age that they might find reason to challenge it's validity based on the arrogant presumption that such professions of faith are signs of insanity rather than the clearest of thought and of sound conscience. So, I need to consult an attorney. My left arm is going numb again.

April 23, 2006

I sometimes document previous occurrences because I don't remember them but sporadically or because at the time they are taking place, I am too ill to do so. I am writing this while I remember. The day after my last visit to Dr. Correll's office he had reminded me to take iron supplementation. I had forgotten at that visit why I had not been taking it. It's the same reason why I told the hospital Deaconess, Dr. Cruz, and wrote on the transfusion permission form, "exact match only" regarding any blood transfusions. That is – my subconscious filed away important information regarding my personal health that caused me to have great anxiety about that course of action and so while the exact memory didn't surface I just knew it needed to be that way without remembering fully the exact reason(s) why. Any way I took the iron supplementation, and that day experience dramatic abdominal swelling and pain, my face turned dark red and orange/yellow and very puffy and my heart started pounding in my ears again. I sometimes forget what I should be taking and shouldn't and I may need daily help in this regard. (food to eat and foods to avoid as well as supplementation) So far all my online research from the experts who have documentation on my known three conditions are recommending, folic acid, vitamin C, zinc, and green tea (I did read a study the small

amount of red wine appeared to help with spherocytosis but with my other issues I have been avoiding alcohol of any kind (told to do so while taking compound X.); nevertheless, when I did break down out of sheer exhaustion and in order to help me sleep, I drank the wine previously three nights in a row and it did seem to help me either rest better or improve my conditions (I felt better during those days)). I need to get some good zinc supplementation. And I need to AVOID Iron, and any foods in high Iron content and possibly copper as well. (I believe the only sign of Wilson's that I don't have is the typical hand flop test I have other tremors and spasms but extending my arms in front of me takes such great effort and concentration that they only shake from effort. But I am uncertain about the Kayser-Fleischer rings coloration, I looked carefully and there is definite murky green/brown ring around my corneas with the hyper pigmentation notably wider on the upper cornea regions. I will be looking into whether or not colloidal silver might help me or not and Carao juice, which contains some iron (1% daily USA), but has been known to help those suffering from anemia. While I don't have the typical anemia, I still suffer as one who does due to my blood conditions (again spherocytosis, Rouleaux formation, and hemochromatosis diagnosed September 1988 and I suspect possibly other complications to rule out – Wilson's, M5 and or M6 leukemia) Just the three conditions are enough to cause my current situation, I just want to make certain I'm not missing anything; so that in the process of seeking treatment, I don't make a treatment decision that is actually harmful to myself. For example, my current dilemma is that Iron supplementation might be helpful in treating the spherocytosis but harmful due to the hemochromatosis AND whereas more dramatic procedure of splenectomy for treatment, the Rouleaux formation is indicative of an ongoing serious infection(s) and so such removal without knowing what the infection(s) are could cause immediate decline in my health. Furthermore, if in fact I am suffering from any other health complications especially as noted above, my spleen may be one of the few factors keeping me alive.

On the positive side, I noticed a reduction in abdominal swelling this morning. I, admittedly, have been somewhat desperate to regain my health and perhaps not cautious enough in trying to remedy myself but I have been taking "Compound X" for about five days now from Two Feathers (unsure if it's helping my conditions or not) I intend to complete the 42 day treatment unless I notice very harmful symptoms as a result from taking it which I have not as yet), but what is noted is that I started the Liver Cleanse formula from Renew Life the night before last and all day yesterday and will be doing a Liver/Gallbladder cleanse as soon as I can get some Phos Liquid Food. In addition, Chappell's formula of powdered vitamin C. So last night I took the Liver Cleanse, Vitamin C, some CoQ10, an herbal pain formula from Dr. Correll's office, and the compound X. While last night my internal organs were in pain and swollen making it difficult to sleep because no comfortable positions, this morning abdominal was not nearly as bloated as it has been this past month and my face was normal color and only splotched red and swollen in places rather than all over like it has been (the worst being immediately after the Iron supplementation). When you are suffering anything that relieves the chronic condition(s) even slightly is a blessing.

April 24, 2006

I awoke suddenly at around 3:30 a.m., my entire body burning from the inside out and feeling very heavy. I wasn't conscious of breathing or heart beat. I instantly thought, "Into Thy hands I commit my spirit, O LORD", and "Mercy, O my GOD, mercy, forgive me of all my iniquities; all my sins..." the burning sensation ceased quickly and I was able to catch my breath. But as ever pains throughout my body this time worse in the left hemisphere of my abdomen from the left side of my neck, numbness in my left arm and sharper pains and spasms in places on the left side of my abdominal region specifically just below my ribs in the area of my back and about six inches left of my umbilical region toward the front. I am dizzy and nauseous as usual. I haven't had very much processed food in quite some time and last night I had some prepared BBQ sauce on my dinner and processed con queso dip with tortilla chips, instead of the fish and vegetables I've mainly been eating, or occasional chicken or tenderloin. I must be strict with my diet and chemicals and preservatives are out.

Anyway, it's about 4:30 a.m. now, it took me a little while to collect my thoughts and emotions. I just looked out my window and to the south I can see a bright orange crescent new moon just over the mountains; with a star or planet just above and to the left. Very interesting sight. I have been concentrating on just trying to document the symptoms I've been feeling, but I want to include the emotions as well. I'm not sure if I have ever felt what I believe could be best describe as a level of terror, I could make no prior association. Terror came upon me just briefly as I prayed

- Terror of what torments lay ahead
- Terror of having to go to a hospital, when that's what set this acute downward trend in my overall health off (gave me O- when I specifically wrote "exact match only" on the transfusion permission form. I also verbally informed Dr. Cruz during the pre-surgery consultation that I didn't want any blood products period. Only after he prodded about a life threatening situation did I respond," only if I've lost so much blood that I could die from blood loss right then.") (In my opinion 3 units of blood loss is not enough to kill someone, especially since before I knew of my illness, I used to donate one to two units of blood at a time.) Wow, I just realized and hope I never inadvertently caused anyone to suffer from my hereditary condition by so doing! Think about it, I developed antibodies against O- at birth and then if someone received my donated blood that was also O+, their system might also then develop the antibodies and in the future if they received O- like I was given they also could suffer an acute hemolytic reaction. How many just like myself innocently donate blood without knowledge of the possible harm to others (all the while thinking they are doing a good thing). I don't know when I'll have this much energy to write again or if I'll remember so I'll take time now to document more fully what happened to me during surgery in May 2004 at Deaconess Medical Center in Spokane, WA. I went in very apprehensively for a septoplasty and tonsillectomy to open up my airway; so that my CPAP machine could work at correcting my sleep apnea condition. My subconscious had remembered enough that "exact match only" meant O+ or none at all! And I may have even wrote that entire sentence verbatim on the form (I am going to try and get a copy if it hasn't been "lost" destroyed or modified.) anyway, I went into surgery and the doctor put me under, the next thing I remember I awakened in a darkened room with a nurse giving me a blood transfusion and explaining that

they couldn't find O+ so were giving me the last a 3 units of O- the next episodic memory I have was that I was unable to breathe and with a tube as almost as big as the opening of my mouth in my throat (I don't remember being told that was part of the surgery) I tried to yank it out so I could breathe and people shoved my shoulders down onto the gurney and held my hands from being able to do so why others shouted, "Hold him down" and "Put him out" repeatedly. The next thing I remember was awakening A SECOND TIME (the hospital didn't have this event in the medical record and the anesthesiologist told me weeks later that it was "psychological transference"; but I KNOW it happened I was there and experienced both events with different people and various rooms altogether. As I was stating the second time I awakened suffocating again, I could see two people in the room watching the monitors instead of me. I began struggling dramatically in an attempt to free my tied hands to pull out the tube so I could breathe but with their backs to me, they didn't notice the pink foam filling my mouth and running down my face and no matter how much I struggled I couldn't get either of them to turn around and look at me! I couldn't believe it! I was kicking and tapping my fingers on the metal rail of the gurney I was tied to as hard as I could and all the woman did was continue watching the monitor with her back to me while she rather acidly said, "Stop acting like a wild man. We had to restrain you to keep you from pulling your breathing tube out." And a few other rather insulting comments before I realized I was rapidly losing consciousness from suffocation. So I quickly thought that I wished to tell my wife one more time that I loved her and just enough time to think, "Into Thy Hands I commit my spirit." Then every muscle seized, I convulsed and everything went black. My wife told me later that as she sat in the waiting room someone told her that I had suffered pulmonary edema followed by cardiac arrest twice. However, the first time I only remember awakening suffocating and then some doctor put me out through my I.V.; so I don't know if I had a heart attack that time, but when the doctor called me he said that was the only one that happened, even though I clearly remember the two separate incidences. Anyway my wife was also told at the time when she was there that it happened twice. Regardless, they ignored my wishes and as a result suffered acute hemolytic transfusion reaction, and nearly died as a result. What I'm really angry about however, was that NO ONE TOLD ME THAT at the hospital! I just realized it two years later now that my health is so severely impaired that I've been doing research online and deduced it myself. At the hospital they told me the pulmonary edema was due to my sleep apnea (NOT the text book transfusion response) and that my dark brown urine was due to diuretics they were giving me (NOT the blood hemolysis) and that my elevated temperature with chills was "a slightly allergic transfusion response" IF they had told me the truth, I might have been able to get donor/recipient blood testing and specialized treatment right away (correct transfusions) before all this suffering and perhaps (short of a miracle from God) irreversible organ and brain damage and perhaps even a very horrible, physically, mentally and emotionally painful death. To say the least, had they taken honest responsibility at least they should have covered the cost of my treatments because: 1) they clearly administered blood products when I didn't wish it and; 2) administered the wrong Rh factor

resulting in nearly instant death and acute trauma; 3) didn't get or read my medical records from Phoenix, AZ even though I told them I had surgery and blood transfusion there; 4) They didn't conduct a blood screening test like what was done during emergency surgery in Phoenix way back in 1988 or they would have known (besides the fact I clearly told them verbally and in writing exact match only O+ ONLY!) ...they would have KNOWN NOT to give me O- blood under any circumstances! This negligence and/or incompetence and willful disregard of my written and verbal wishes has resulted in my inability to support my family whatsoever and suffering so great that it could turn the stoutest atheist into crying out to God for mercy. I had finally found my niche as a successful Realtor specializing in land development and this year was to be the first of many reaping the rewards of my labors for my development clients. I had worked so hard to be able to get my writings published, create an international searchable database of Christian ministries, (searchable not only for location but specialized services as well), get inventions patented and move into my more creative talents of sculpting, painting, stained glass, online graphic designs and a virtual site of "Pilgrims Progress" where the Pilgrim is the online user and he journeys through a 3d world like our own, encountering real life situations and gets presented with real life experiences and a selection of choices. Depending on which choices the online adventure would take the Pilgrim down that life path. The goal would be to have the Pilgrim choose Salvation through Jesus Christ when offered (and offered repeatedly until the Pilgrim so chooses) and then as in the book by John Bunyan to help the Pilgrim through the rest of his journey to Heaven. Every time the Pilgrim responded to a situation with "It is written" quoting a pertinent scripture, the Pilgrim would advance on life's journey and wrong choices would put the Pilgrim in the unpleasant situations wrong decisions in reality bring, until he repents and remembers pertinent promises to bring him back on life's path. The scenery could change from a glowing paradise progressively brighter and more glorious as he nears the journey's end or get darker and more hellish as wrong decisions in life bring. Anyway, the worst result would be for the Pilgrim's who make very bad choices that result in the Pilgrim's demise before receiving Christ as Savior. In that situation, before the user chooses such a path, all around him would be AI pilgrims that were on an identical path (that the pilgrim came to relate to while on the path of death) that would be dying and getting chained into the abyss of darkness or cast into outer darkness and or hell and the lake of fire as the scripture dictates. ("Some save with fear pulling them out of the fire") but All Save with Love and the Gospel of Christ Proclaimed not in Word only but in Power (of the Holy Spirit bearing witness – RESSURECTION POWER!) (the kind of POWER I need right now – GOD's POWER) Anyway, I had/have a lot of goals that I was/am getting very close to achieving. I had already consulted with a programmer for the searchable database at G II in town and he believed it would only take somewhere between \$2500 and \$4000 to build and I could host with my hosting service or one day preferably have my own servers on a T3 or fiber optic connection. My first goal was to take time off from working real estate full time and only work for my developer clients and my own investments while making sure the writings I believe are inspired by GOD to be published verbatim and with



proper emphasis online. Then the rest to follow. It is heart-breaking for me that I have had this one goal ever since I drafted the words by pen so many years ago, and yet I've been working so hard to get financially sound enough take time or hire someone to do it that the writings still sit unpublished in my cabinets. If I do depart to be with our LORD, that is the one thing I hope my wife and brother will find strength to do. I hope they will make copies first of the written pages and then perhaps hire Christian typist(s) from local churches that are patient enough to read the sides of pages as I used all available space since paper was precious and I was very poor at the time. Under inspiration I have obtained the domain [www.avoicefromthegrave.org](http://www.avoicefromthegrave.org) to place my testimony and downloadable .pdf and .mpeg files or writing and films I may yet make. (I believe graves are these bodies of death so the domain is appropriate whether I "live" or "die").

- There is so much man doesn't understand about blood. Transfusions should ALWAYS be carefully donor/recipient screened (because in my opinion some fates are worse than dying of blood loss).
  - Terror of loosing my sanity
  - Terror of scriptures like:
    - “And that servant which knew his Lord's will and did it not shall be beaten with many stripes.”
    - “Every branch that does not bear good fruit, shall be cut off and thrown into the fire.”
    - “Woe, to that unprofitable servant.” (regarding hiding of the talent(s))
    - “Turn such a one over to satan for the destruction of his flesh that his soul might be saved.”
- Of course more terrified of the former than the last quote. While these thoughts about my physical condition were occurring I could hear the Holy Spirit comforting me; and reassuring me with our Lord and Savior's promises.
- “I will never leave you; nor forsake you.”
- “He which began the work in you shall be faithful to complete it.”
- And while not quoted in scripture personal reassurances like
- “you are not the chaff, but the wheat”
- “you are my beloved son; in whom I am well pleased” (not stating son as in the singular only begotten Mighty One, Holy from birth, but with the understanding of one of innumerable sons dearly beloved of God our Father.
- Mostly terrified over the thought of loosing my memory and/or cognitive functioning to such an extent that I could not remember to call continuously and so much the more upon our Lord and Savior Jesus the Christ. It is a sincere prayer that I would never out live my love for our Lord and as I was warned by the Holy Spirit years ago that tribulation was coming upon the earth so great that it would challenge our faith and that during that time we must concentrate repeatedly on what Christ did for us on the cross and if necessary repeat his name during the greatest trials; so as not to forget or give up faith or hope. **OUR REDEMPTION DRAWS NIGH!**

Of course bouts of sadness with my great fatigue, mostly because I see my already over worked wife having to take on the full burden of not only running our house,

taking care of all the bills, but now the sole wage earner. It is VERY frustrating that I barely have strength and concentration enough to handle a client's phone call anymore. I don't want to lose the income I have worked so long in establishing these developer relations with. Mostly because I desire to still help my struggling wife who has worked so hard since a very small child, but also because without her, I'm uncertain of what I would or could do for survival. I'd have to take a leave of absence completely and sell everything and put the money in escrow to automatically pay my monthly bills. But how would I eat, bathe, clean the house, do laundry? With great difficulty for now, but for how much longer with this trend? I am also very blessed and fortunate that I have a loving brother who is so very capable, strong and knowledgeable. He came up here to help me when I asked! That's so amazing! I pray he gets both temporal and eternal blessings for all he is doing daily to help out here. And if I am to go to sleep in the dust before them both, I pray they will help each other through the days ahead.

I am very grateful for the fine weather we've had the past couple of days, it's been so rainy, gray and stormy for so long.

Yesterday, I was very blessed and had enough strength to travel to some land we purchased near Baldy Mountain in Sandpoint, ID. It is so beautiful there and incredibly peaceful. It was chilly and breezy even though sunny and blue skies out, but when we got to the property sunny and warm. Spring in the air, gentle breeze in the air and our Aikita puppy, Romeo, with my wife, brother, and another friend/colleague made the day very special. It's very windy this predawn morn.

I have worked hard my whole life, always somehow feeling time was short, but more diligently after being filled with the Holy Ghost; September 29, 1988. While I remember I want to write down that it is my wish and I believe God's will to have the writing that I believe He inspired that are still in the filing cabinet published. I believe the inventions should be patented and architectural designs copyrighted and if to be brought forth should be done so by the body of Christ; not given away freely to the ungodly. Give the Gospel and the power to heal and to save and obtain Eternal Life, but the pearls, the treasures keep sacred and within the body, benefiting the health of the body. Certain inventions that help the poor should be manufactured quickly and Melvin Littrell's water precipitator should be championed to be built in drought stricken countries around the world (especially nations of the repentant who turn to Christ). Marcus Bermudez' child detector should also be made public. A simple electronic transmitter device that can be pinned on clothing a child is wearing and the transceiver set at whatever distance the parent wants. An alarm the parent has goes off if the child leaves that perimeter and is able to be tracked by the transceiver. A different alarm goes off if the child falls into water. He presented the invention to me while in prison many years ago. Melvin was also in prison in AZ but showed me patents for his invention and claimed he had patents in many countries for it. To the best of my knowledge I have never seen one built yet though. Shaped like a cross with louvers over the sides that open inward so that no matter which way the wind blows hot air is trapped inside and I believe he used metal tubing filled with butane or some natural coolant below dew point to such an extent that the entire interior was

filled with radiator type mesh that captured vapor condensation and dripped into a reservoir below to be utilized for drinking or if the structure large enough to create rivers in the desert. Melvin was elderly and may have already sold his patents because I saw a personal version, I had suggested for households, boats, travel to him recently on HGTV. I'm not certain the design is exact but the idea of portable, potable water precipitators was discussed with him based on a smaller version of his design. He already had a small working prototype built out of an ice chest and old radiator if I remember correctly, but he had always wanted his large ones to be built. His chief goal was to help retiring seniors that didn't have the resources to buy into expensive retirement communities. He believed someone could by large desert land very cheaply and build one or more of these to provide inexpensive retirement communities for all the elderly that needed that solution. He also wanted to help poorer countries. I salute him for that expressed endeavor and hope it manifests.

Symptoms continue as day dawns bright and clear, red palms and first time ever noticed back of right hand so red, itchy dry scalp flaking and hair loss seems worse today, very weak and nauseous, extreme fatigue, pain and bloating of abdominal region.

I wonder, I've always needed quite a bit of sleep but never able to really obtain it and now it's difficult to sleep at all. Very strange this illness. I know my brothers and sisters, "As surely as our Lord and Savior died on the cross and was resurrected paving the way to Eternal Life through Him Alone, He also suffered in His Passion more than any man that we would be Healed!" "I am whole, in the Name of our Lord and Savior Jesus the Christ, in the Mighty and Holy Name of YAHSHUAH AHAMILEAHLIAHLAY! OUR GOD REIGNS FOREVER!!!!!!!!!"

In my weakness, He is STRONG! In my torment, He COMFORTS. In my struggle, He Lifts me on HIGH! When I cry, He holds me in His Loving Arms and the Eternal Ancient of Days in the Palm of His Hand!

April 25, 2006

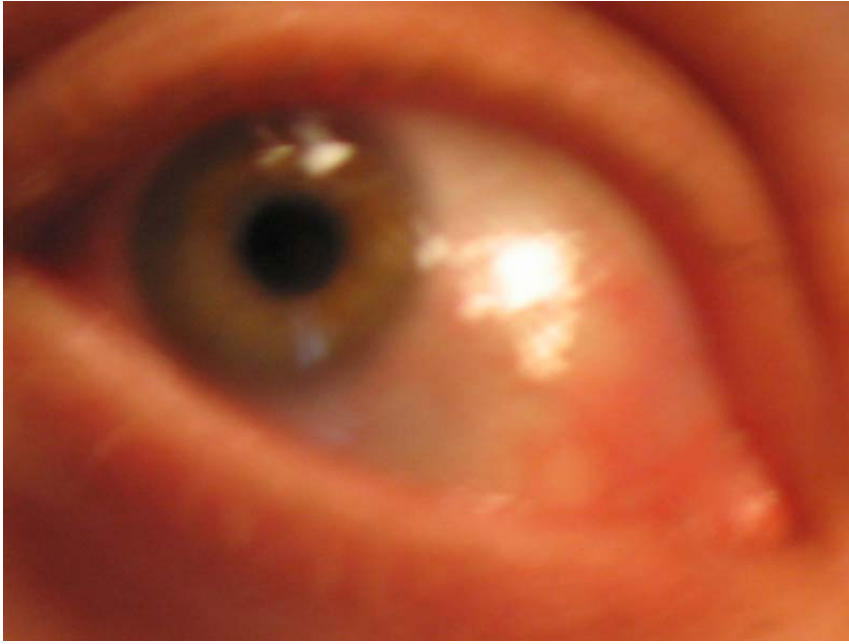
Yesterday I had a horrible experience at the doctors office. Day before yesterday a summons for jury duty in June appeared for me in the mail. I have been unable to work for many months now, but my local doctor has no diagnosis. In fact the guy actually thinks I'm just making this all up and did all but call me a liar outright. As I suspected Deaconess has altered my transfusion permission form and erased my written instructions on the copy entirely. I doubt the original form will ever be produced by them; especially since there is no mention of the administered transfusion in my medical record. This means to me that they absolutely know what they did was completely wrong. I KNOW I had a conversation with some nurse at some point after surgery where I opened my eyes and saw her holding a blood bag on a metal stand and mentioning that she hadn't been able to find O+ blood and so they (against my written instructions and verbal to Dr. Cruz) administered 3 units of O- blood because I had apparently lost an unexpected amount during surgery. I know the

first episode of sitting up and being held down took place prior to being hand tied to the gurney, but during the transfusion I don't remember if my hands were tied, I don't think they were. I think the order of events was first the transfusion following surgery in the recovery room (this would make sense because Dr. Cruz was telling my wife everything went fine except that I had lost a little more blood than expected when he was suddenly called back while talking with her (as she later relayed to me), then the first episode where I sat up and was pushed back down, and finally the second suffocation. It would be presently helpful if the hospital would have kept records of the truth. Hence my doctor thinks I'm just making it all up for some reason and that I am intentionally not working rather than the truth that I am incapable of doing so. I can sit and type, but with periodic episodes of such a lack of energy that I can't move for many minutes to hours at a time, it makes driving anywhere dangerous and takes my utmost ability to make it to town and back let alone show people properties. My left arm tingles rather regularly now at least once a day. My head feels sometimes heavy sometimes like it's going to explode from internal pressure. So while he was sitting there telling me all this, I took off my shirt and showed him my yellowing arm pits, red hands and petechiae. I asked him point blank to look at my yellowing sclera of my eyes closely. I was speechless when he told me he couldn't see this (taken this morning):



My eyes are normally bright white with minimal capillaries visible, in fact back in 2001-2002 I actually posted a macromedia Flash movie presentation featuring an image of my eye in the opening scene (on [designsbymichael.org](http://designsbymichael.org)) at the time. This is not normal or healthy. There is no way for a patient to mind meld with a doctor so they can feel the trauma going through your body; if there was, this guy would have not been so disrespectful. I became very angry, but not very able to express coherent thought when my own doctor looks me straight in the eye and says he can't see that! Look at these and judge for yourself:



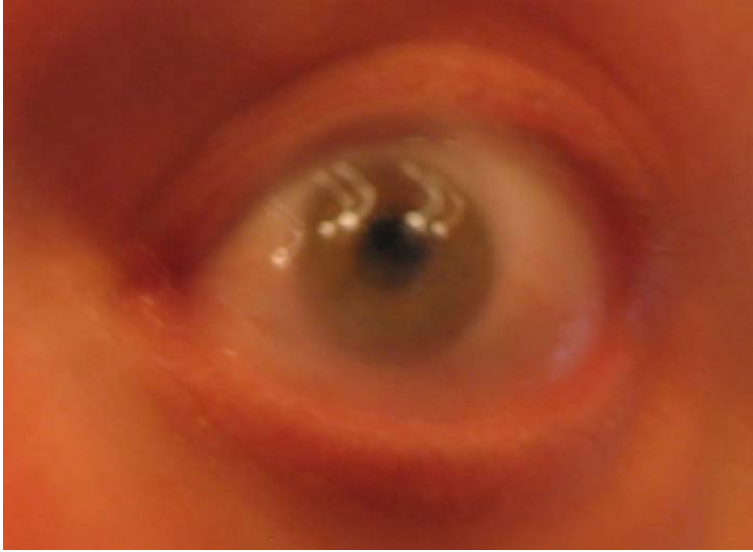


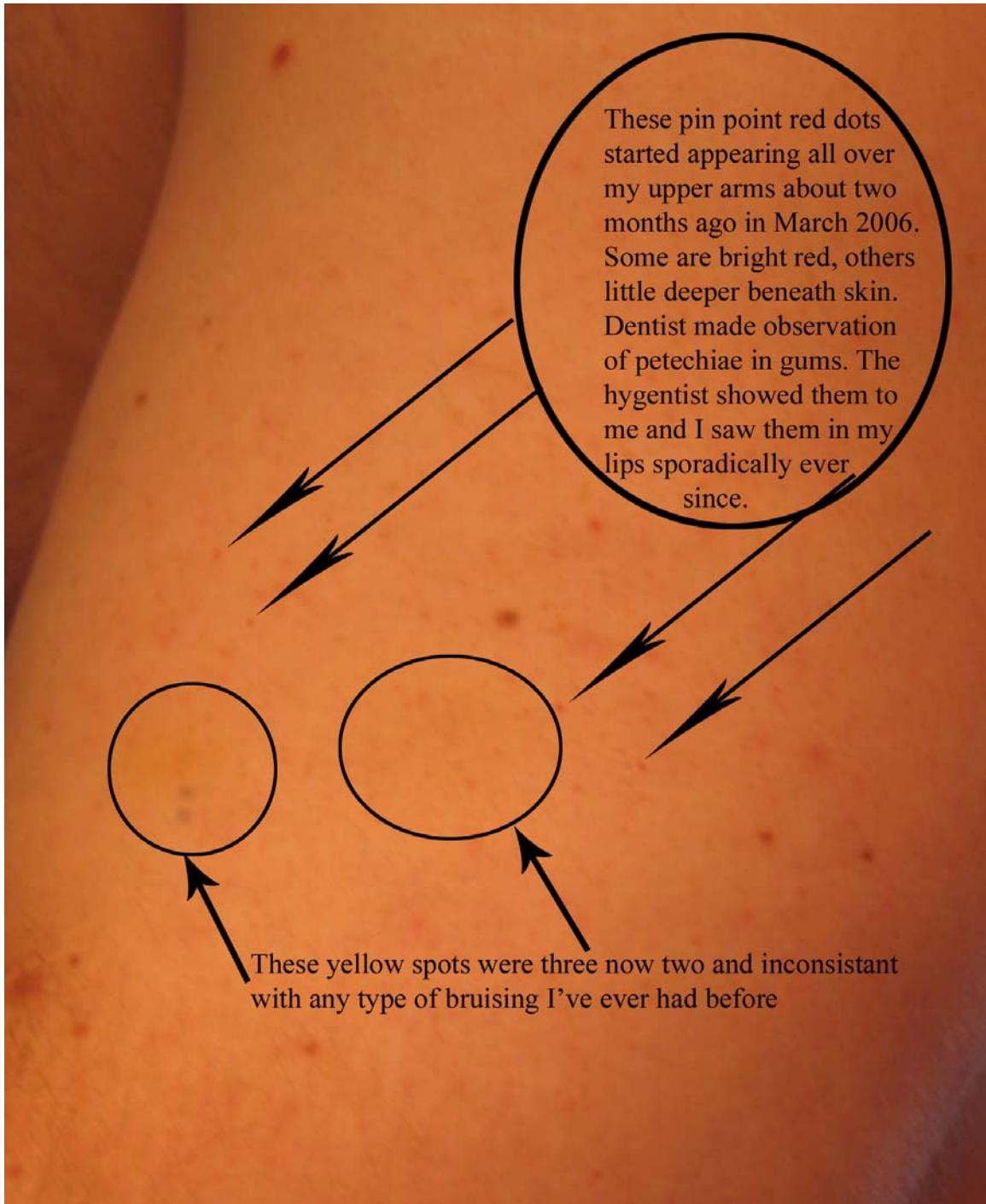












My dental hygienist, I believe her name was Chris showed me petechiae in my gums over a year ago and I have noticed them on my inner lip come and go ever since. But when I showed these to my doctor he ignored the pin-point spots entirely making comments about my moles. He acknowledged my yellowing arm pits but dismissed as any number of other causes for such condition. After my anger subsided, I had to realize that I couldn't blame him really for anything but denying he couldn't see my yellow sclera and after all petechiae under my thick skin could just look like tiny freckles to someone who had never known or seen before that my upper arms have

been clear and white for many years (ever since I stopped swimming as a teenager). After all he is working from misinformation. The lab technician not recognizing and documenting obvious spherocytosis and Rouleaux formation playing the chief part. Fortunately, the doctor did grant my request to see a hematologist as soon as possible and actually set the appointment up for me this May 12<sup>th</sup>. For this I am very grateful, but I think I am going to have to find another physician.

- 1) He announced in my first visit something about disability unwilling to diagnose anyone as disabled or something to that effect. (Don't understand that if someone truly is disabled)
- 2) He has chosen to ignore everything I'm telling him of my symptoms as just some fantasy in my head.
- 3) Unwilling to help me obtain my records from AZ that diagnosed this condition back in 1988.
- 4) Stated no doctor in the world would give me transfusion therapy for my condition. (Even though everything I've read, seems like this poses the best choice for recovery by eliminating the plethora of unhealthy RBC's and giving my organs a chance to heal.) However, I also know (having had the acute reaction previously) very risky but so is a splenectomy or chemotherapy under the circumstances.

All in all, I'm not certain that this doctor will believe the severity of my suffering and condition even if the hematologist diagnosis proves I've been telling the truth all along.

That said, I have been continuing to do the liver cleanse and my eyes are much better over the past couple days the inner portion of my eye lids have been dark red and very swollen and my capillaries up until a few days ago looked like they were going to start bleeding outright. I am taking the compound x still because the ingredients first list zinc which is helpful and I have ordered information and products to help with maintaining a less acidic more alkaline Ph in my system. I'm doing the best I can; perhaps this is just another of my experiences in which the LORD shall bring me out that I may glorify Him. Regardless, I do glorify Him and trust Him entirely and now I pray also will lead me to doctors that listen to their patients and are loving and compassionate coupled with knowledge and intelligence and honesty, integrity and patient enough to explain what is their opinion of best course of action and why. How can a doctor possibly help a person they don't even believe, ignoring obvious symptoms, and unable to diagnose?! As ever, there is only ONE Great Physician and how I would love to visit His Person today and everyday! (not just in Spirit, but in bodily presence!) Amen.

I obtained a copy of the images of my MRI and CT scan and I'll have to look at them as well because the radiologists made verbal comment about my organ size to one another and then just dismissed making a notation due to their personal opinion "he's a big guy".

Something happened the day before yesterday that I wish I had had the energy to take a picture of. With nothing touching my right outer wrist area as I was sitting down

from fatigue I suddenly felt intense specific burning. I looked down and four irregular sized, circular with diffused edges, bright red spots ¼” to 1” in size appeared where the burning in my skin was. The burning lasted intensely for only a few minutes, the red spots disappeared soon after.

April 26, 2006

Praise God for the Internet at least there is somewhere to turn to for helpful information when you need it. Because I haven't been able to obtain my medical records yet from AZ and due to the fact the local physician's here aren't that familiar with my disorders (hopefully the hematologist is an intelligent and knowledgeable expert in his field), I am having to find whatever treatment I can to stop the dramatic rapid decline in my health. So far, I'd have to say the Folic Acid, Zinc, Green Tea, Vitamin C, Liver and Gallbladder Cleanse as well as supplementation, Herbal Heavy Metal Cleanse, and Compound X appear for the first time in months to be bringing that fall to a halt! While I continue to have pain and swelling in my abdomen, I am less nauseous today, and although dizzy, a little less fatigued and a little less muscle and joint pain. After about three days of starting the liver cleanses and supplementation my stools have returned to a clay color; soft but not diarrhea. I haven't mentioned before but my rectum has been hurting for about a month now more than ever before in my life and still continues. The spider angiomas that have appeared recently for the first time in my life weren't mentioned only the cherry (which I have too many of).

One thing I forgot to mention is that I have also been drinking caroa juice from costa rica which also seems beneficial.

April 27, 2006

I've been thinking about the recent visit to my local doctor where he showed me a copy of the modified transfusion permission form and the lack of any mention of the administered transfusion together with my episodic memories of the day of surgery.

I distinctly remember waking up after surgery in a darkened room and talking with a nurse who was squeezing the last of what she said was 3 units of O- blood. The conversation went something like:

Nurse: (upon my waking up and looking over at her) You lost an unexpected amount of blood during surgery; so we've had to give you a blood transfusion.

Me: how much blood did I lose? What's that machine?

Nurse: It's a blood warmer. I wasn't able to find any O+ blood; and frozen blood would've taken longer to administer; so we've given you 3 units of raw blood type O-

.

Me: I mumbled something about "universal donor" and slipped back into unconsciousness.

This had to have occurred AFTER surgery and BEFORE the episodes or she would've told me it was due to the blood loss from the pulmonary edema (which they claim happened only once) That coupled with the nurse in the hospital after all these events occurred when I asked about peeing dark brown urine and about my fever/sweat/chills and her reply, "apparently you're having a minor allergic transfusion reaction." (Hospital staff KNOWS when someone had/has an acute hemolytic transfusion reaction) what they're counting on is that the general public doesn't! (As I also was ignorant of until recently when nearly two years later my health has declined to a point where I'm battling to live)

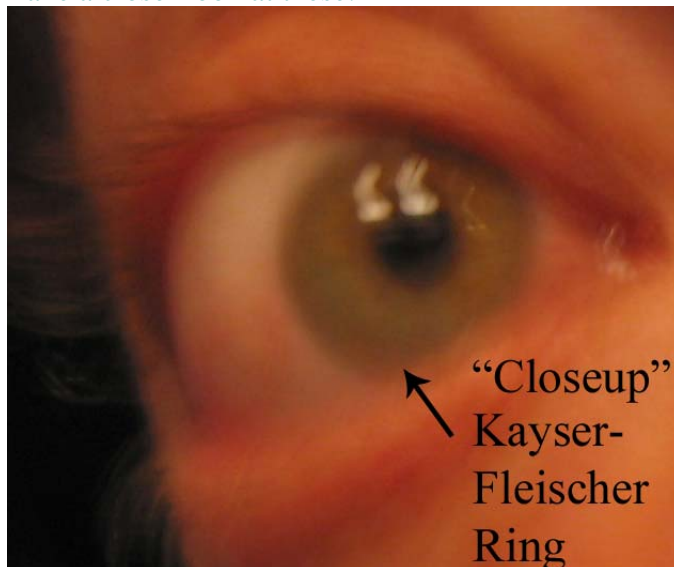
Even my wife was surprised at how distant the previously cordial professionals had become. (Not surprising as they were probably comparing notes to make certain the truth wasn't recorded). Sad as a result of arrogant pride or just plain incompetence professionals make decisions against express written and spoken patient wishes, but if you don't have a witness in the room or watching how can you make sure your wishes are adhered to? It's also due to so many frivolous law suits that staff are trained to immediately cover up mistakes or improper willful decisions. I understand "containment". It still doesn't make my situation any less painful or severe, but had they told the truth I might have received a proper transfusion to help bring my blood balance back at the time rather than allowing the imbalance of my hereditary disorder to take over.

Speaking of which, the more I research the more I'm almost positive I have Wilson's disease.

- Muscle twitching/spasms my whole life (not nearly as severe as late, but I always thought it was just due to tensions or jumpy nerves and that everyone had this) These spasms and twitching are so regular and frequent and I've had for so long that I've become virtually unconscious of them but my wife always complains and yells at me to stop my jiggling and that's how I know it's been happening day and night, an integral part of my existence. Unfortunately, now they only serve as a constant reminder that I need to see a specialist as soon as possible.
- What I learned might be Raynaud's. I remember specifically a time where it was occurring during naval basic training during a cold winter day. My hands went cold as ice rather suddenly and then just as suddenly began to generate an excessive amount of heat. So much so, that I reached out and touched someone who freaked out and said that my hands were burning hot. And looked at me very suspiciously ever since that took place. Anyway, I thought it was a gift, but truth told mostly just causes numbness in toes and fingers and probably played a part in my big toe-nails separating from the subcutaneous bed toenail opening them to fungal infection. A couple nails started to turn black until after a decade of trying I found a product that has helped stave it off. (Threelac)
- Lifelong extreme insomnia
- Over the past two years were matching symptoms to acute hepatitis (but no positive for type a-c)

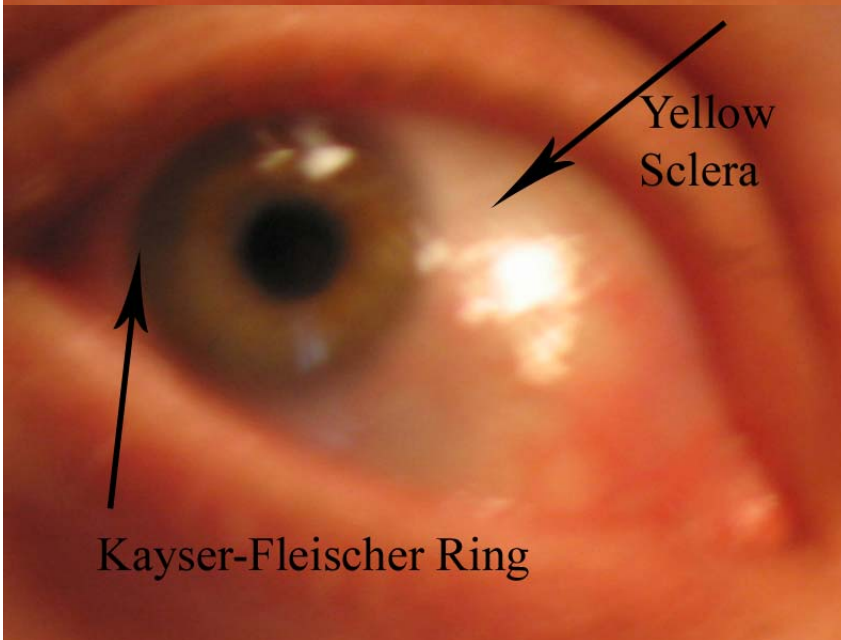
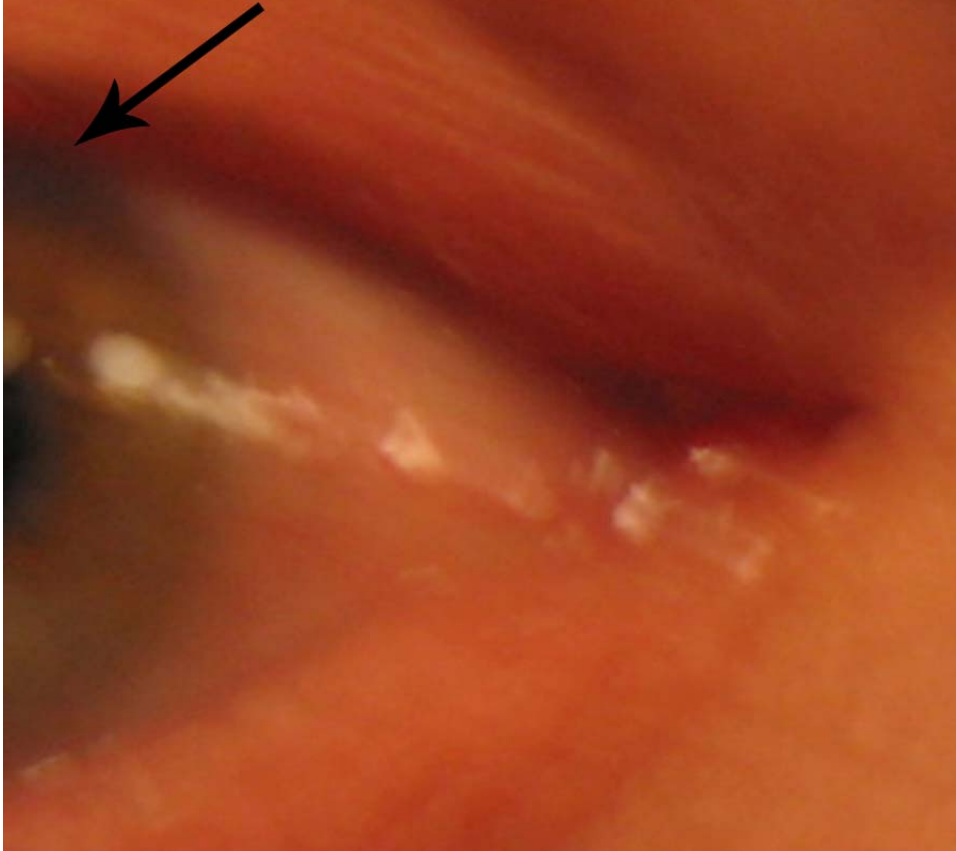
- During my physical therapy for my back injury every therapist I saw kept telling me to “loosen up” (apparently according to my wife and them) I have an extremely rigid walk.
- Daily headaches for so long I don’t even bother taking medication for until they get so painful I can’t think of anything else but the pain
- Embarrassing to admit, but drooling has been a lifelong issue.
- My battle with suicidal depression prior to being saved by our Lord Jesus Christ
- Noted (what therapists consistently call) “congenital abnormality” in my lower vertebra
- Joint pain throughout my body since my teens (much more severe over past two years)
- Body has many cherry angiomas and recently over the past year or so getting spider angiomas
- Petechiae in gums, lips, upper arms
- Red palms and lately red swollen face comes and goes
- Radically failing strength (I used to move 10-20 tons of household or commercial goods daily)
- Pretty much all tell-tale signs for Wilson’s disease including the ones too embarrassing to specifically mention

Take a closer look at these:



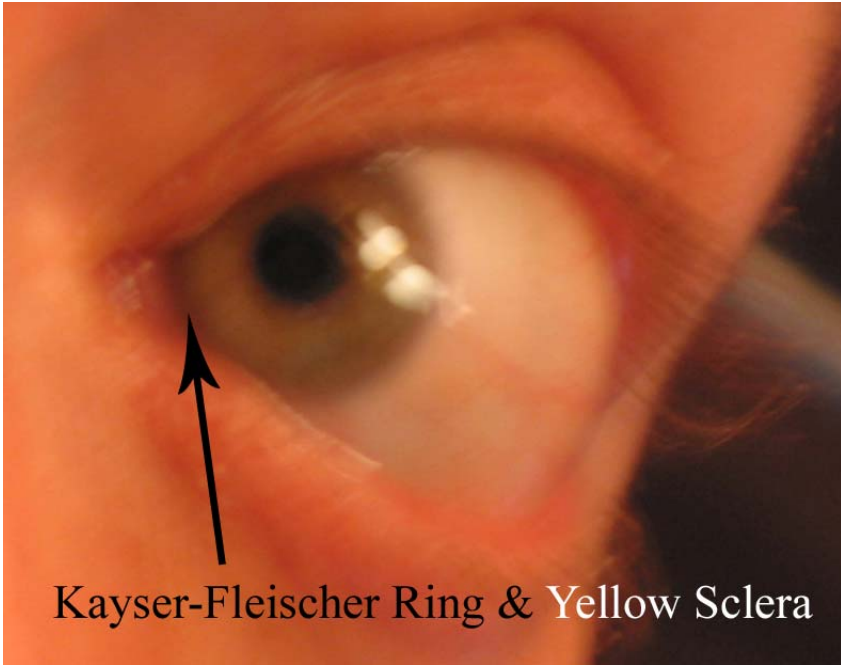


Heavier KF pigmentation tends to occur on upper region of cornea

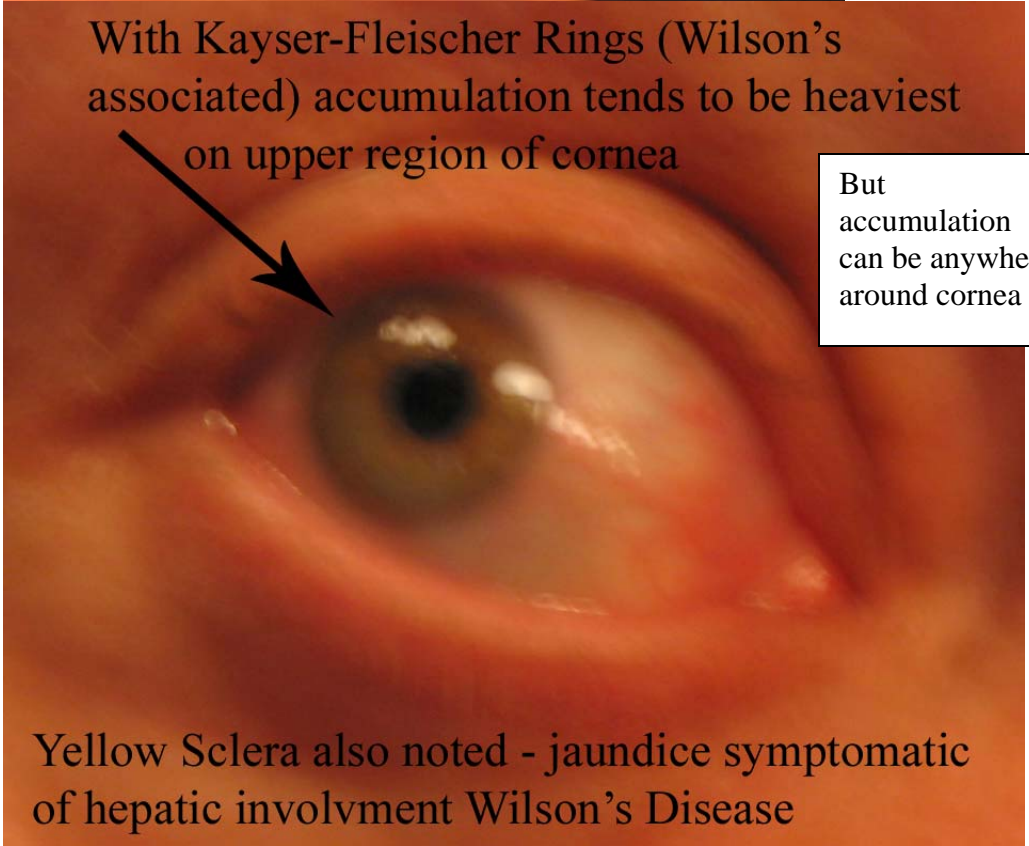


Kayser-Fleischer Ring

Yellow Sclera



Kayser-Fleischer Ring & Yellow Sclera



With Kayser-Fleischer Rings (Wilson's associated) accumulation tends to be heaviest on upper region of cornea

But accumulation can be anywhere around cornea

Yellow Sclera also noted - jaundice symptomatic of hepatic involvement Wilson's Disease

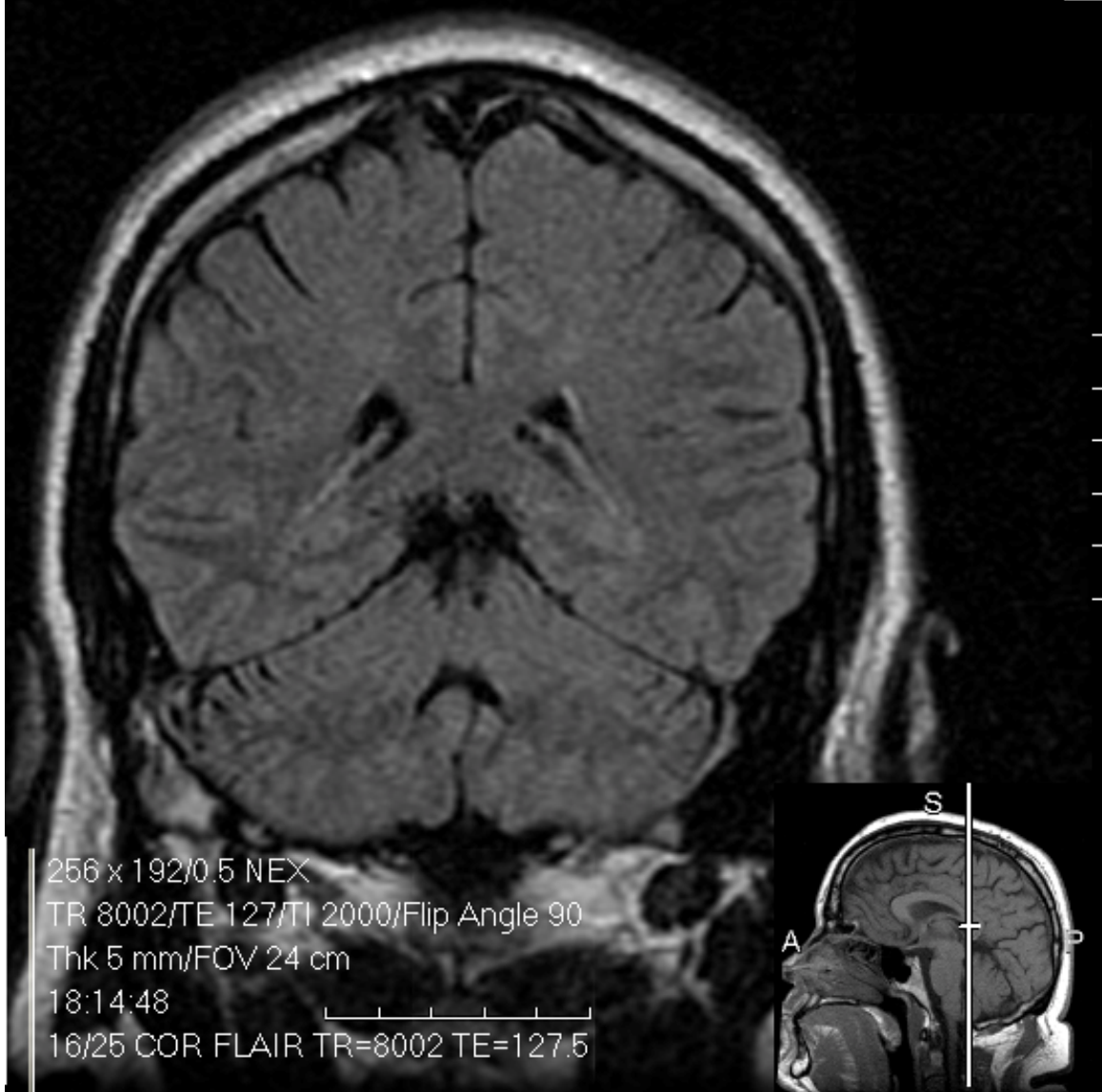


And a report finding from a Japanese neurologist (Rinsho Shinkeigaku) made mention that mid brain MRI shows “face of giant panda sign” frequently in un-treated Wilson’s disease patients (probably a lot like this recent image of mine):

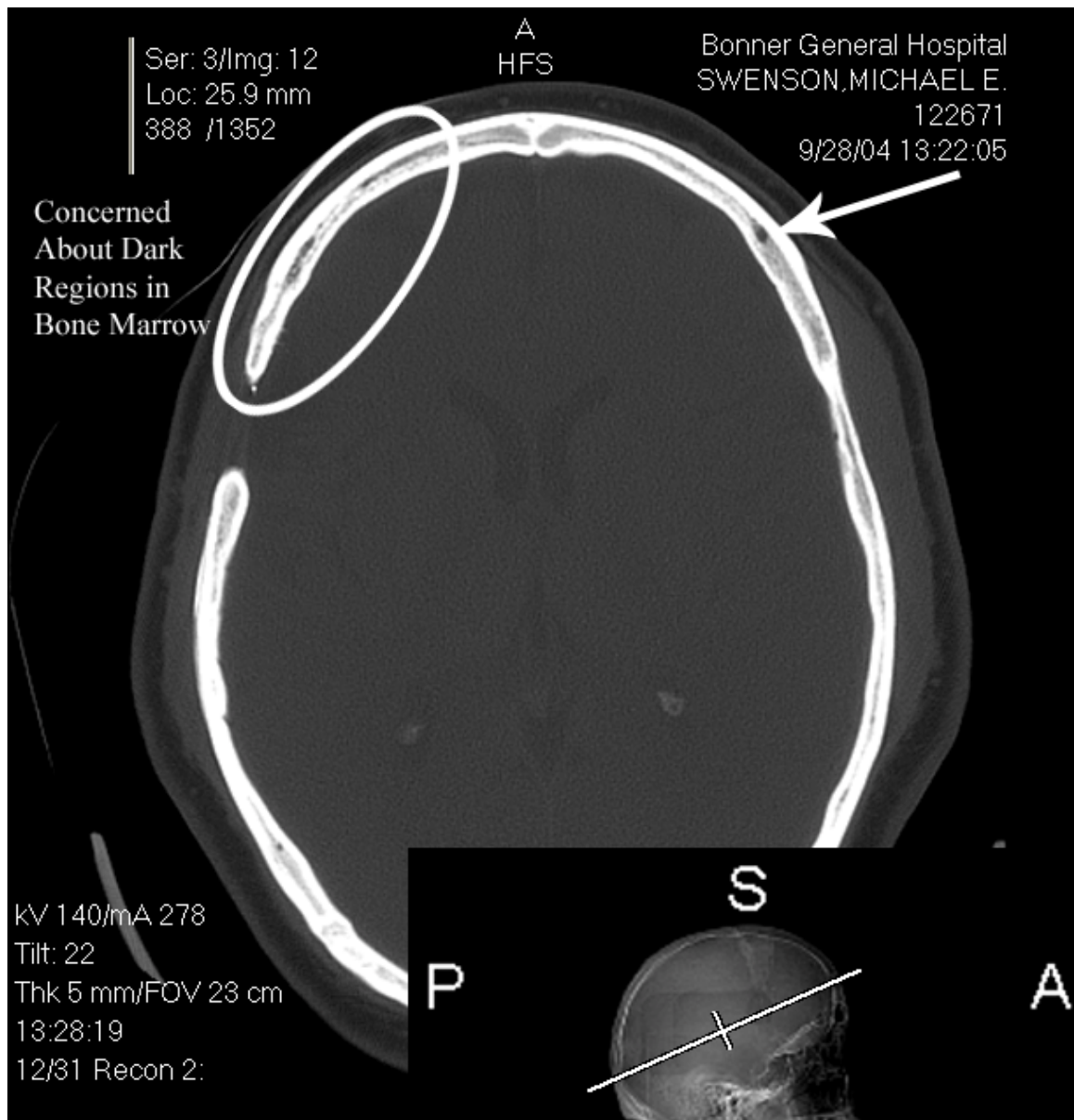
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There are also images that I think may be either deposits of iron or copper in my bone marrow or bone marrow degeneration that I'm concerned about. I only hope I didn't offend the doctor so much by my angry outburst so as to keep him from reviewing these concerns and helping me find a specialist(s) that are familiar with treatment for this condition and any other health complications that might be getting overlooked at this time.

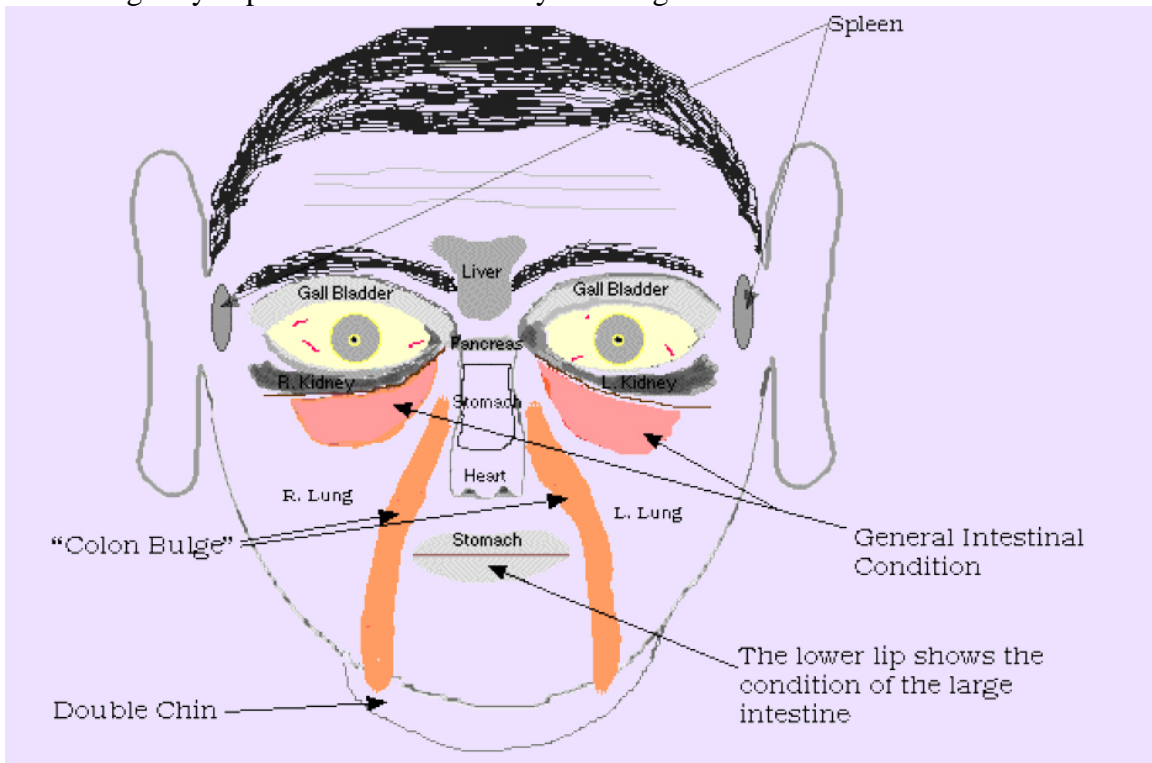


It is 7:00 p.m. and my wife and brother invited me out to dinner but I am just to ill today to travel to town even with the bribery of such good and loving company and pleasant food. I am so dizzy and nauseous, and my rib areas lower down from my pectorals are so hot and sore together with all the other pains in my body that I will have to cease typing for now.

April 29, 2006

Praise GOD! My brothers and sisters, if you can't get any help for whatever ails you, we turn first always to our Faith, second instructed to call for the elders to pray. (I have always thought this to mean the elders referring to those who are mature in the the Faith delivered By Christ Himself to the first Disciples and Apostles; not necessarily pertinent to the number of years such a one has dwelt on earth in this body

of flesh). I have been so weak for so many months, that it has been difficult to attend services but I shall humble myself and ask others to pray for my return to Divine Well-being that is ours in Christ Jesus. Regardless, GOD's will and GOD Be Glorified! In addition, seeking knowledge on your own is readily available through the Internet. If it weren't there I would still probably be suffering and in mental anguish over not knowing what is causing it. But by gaining knowledge, I have been able to start treating myself with herbal remedies (I prefer herbals, untreated over pharmaceuticals because I believe the substance in it's natural form is the way GOD intended us to partake of them and in my experience every time man thinks he knows better he only creates a product that is potentially more harmful than whatever benefits he claims to have made) On the other hand, pharmaceutical grade herbal remedies that have been ground and tested might have a potency greater than eating a handful of the naturally occurring. Regardless, the edema in my feet is way down, they have been red and swollen for some time and today much less as evidenced by my rather loose fitting sandals having made no adjustment to what was previously snug. In addition, my head is slightly nauseous and dizzy and feeling somewhat "spacey" but doesn't feel like it's exploding like it has been (swelling is down throughout my body!) Even my normally red puffy regions of my face are way down (through Internet research I found out the face swells and turns various colors to corresponding organs in the body (facial alchemy was what the site referred to it as) and through my experience I'd have to say this diagram is rather accurate:



**of where they show up on the face - that the organs corresponding to these colors are under duress.**

**Red signifies heart/small intestine; blue/black signifies kidney/bladder; white/pale signifies lungs/large intestine; yellow signifies liver/gall bladder; and reddish-yellow signifies spleen-pancreas/stomach.**

**Thus, wherever these show up on the face it signifies those organs are under stress. For example, if we have blue discoloration of the skin in the area corresponding to the stomach, this means both the stomach AND the kidneys are in a toxic condition.**

**A very common example is the blue/dark circles people have around their eyes. These mean the kidneys are under considerable stress.**

**The green color is a special case. Now, when you see this green color, for it to carry the meaning it signifies, the discoloration must be clearly green and stand out well demarcated on the skin. If this is the case, this clearly**

<http://www.alchemyalpages.com/diagnosis2.html> (6 of 7)4/20/2006 5:44:35 AM

**demarcated green discoloration signifies that the organ corresponding to the area where it shows up is cancerous.**

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*(Thank You Kaare, this will help dramatically in Treatment for Wilson's) Michael 05-04-2006)*

Compared to my when my face swelled and turned red like a balloon (after taking the Iron supplement and during acute episodes of my current health situation) Virtually all organs are involved but even today with a reduction in swelling organ involvement can be seen in my face:



Keep in mind I live in north Idaho (it has been overcast for many months with no sun) and normally when healthy I am white. Even though I'm overweight, my eyes have been puffy and swollen beyond that measure. Today is by far the best my face has been for many months. So let me record as best I remember.

I believe I started last Saturday drinking organic apple juice but it wasn't until Wednesday evening that I started incorporating the Phos Liquid drops for the liver/gallbladder cleanse. Still taking the zinc with meal(s) in addition to Papaya enzymes to aid digestion (I was having EXTREME bloating after meals until I started using the enzymes to help). I also take CoQ10, Alpha-Lipoic Acid, Omega-3 daily for over a year and when I stopped taking these my symptoms quickly worsened so I have returned to them. I also started taking Lucidal (an herbal compound to help cognitive skills) After about a month of taking the Lucidal is when I started to remember all the



events at the hospital (the first return of the clear recollection was almost as traumatic as when the event itself occurred), now I have been off the Lucidal and have noticed short term memory has rapidly declined since; so I will find out where to order so more today. One problem I'm having with my short term memory is remembering whether or not I've already taken certain supplementation. I don't want to take too much and stress my organs worse, but I don't want to miss taking the helpful amount either. So I just ordered more Lucidal from their website. Very helpful with all my cognitive issues. I was having such short term issues as to finally gather energy to get up out of my chair and then not remember why I had decided to do so. And when I was taking my supplements I'd push a bottle far aside so as not to pick it up a second time because couldn't remember if I had just opened it. In fact, I thought before I finally discovered the real underlying issue that I might be developing early stage Alzheimers, but the Lucidal addressed virtually every symptom which have recently been returning because I haven't had any in the house for at least a week. In addition, I've continued with the liver cleanse, the heavy metal cleanse and the advanced cleanse herbal products from Renew Life. I also still use Dr. Bell's "End Fatigue" sleep formula as the best sleep aid in that I don't wake up with more pain in my head than usual as with so many other products. This evening I'm going to drink the Olive Oil and fresh squeezed lemons the gallbladder cleanse calls for and will hopefully get rid of my gallstones. And perhaps then find also some relief in my liver and hence throughout my body.

I also want to document other symptoms I've had for years. At times itching behind my knees and armpits. Mostly shins would break out in a red rash that would then scab similar to these that I took today:





These are minor compared to many breakouts and mostly from excessive scratching but I don't know if any images or symptoms might show an expert something I just don't know about yet or help them in helping me; so I'm just going to keep a record as best I can until I am well again. I'm not sure just when all these red splotches and red and brown dots started appearing all over my upper legs, but I honestly don't think I've had them more than a year or two but wouldn't know for sure since I just started to more closely observe what is going on with my body now that chronic pain and suffering throughout my body is calling for it.



My red splotchy palms have returned this morning even though I'm feeling a little better today:





I also am still taking the Folic Acid and Powdered Vitamin C from Dr. Chappell's Life-Pak product line. I think I've got enough strength today to make myself lunch; so I'm going to do that and take my puppy Romeo for a walk. He gives me a ray of sunshine and joy in the midst of my struggle and suffering with his constant happiness.



I've also been taking kidney and bladder support from Nature's Way. Hopefully today I can type more of my Testimony of how I was led to a saving knowledge of our Lord Jesus Christ, Yahshuah Ahamileahliahlay!

It's 10:20 pm. just dizzy and weak today with some abdominal swelling and sharp pain today in lower left area of abdominals (migratory sharp pain though I have been feeling swollen constantly in upper right and left abdominals (left just under ribs and right a little lower down under ribs) Regardless, I was definitely better overall less pain in muscles, joints, internal organs and head. It is a little scary, but I am going to drink the 8 oz. of cold pressed organic olive oil with the juice from two fresh lemons to complete the gallbladder cleanse this evening. So far the cleanse has only helped me and all the online testimonies I've read have been positive. Hopefully, I'll have energy to continue typing tomorrow and possibly attend services in the morning.

I believe I mentioned I was upset with the local lab technician at the hospital for not recognizing acute spherocytosis and Rouleaux formation morphology on my blood smear, but I will document here that had it not been for their kindness in allowing me to look at it, I might never have remembered my previous diagnosis in Phoenix, AZ where I received my head wound. I have sent a medical record request to St. Joseph's hoping they will be able to find those records.

All I do these days is praise God, pray and seek to do what I can to regain my well-being so I can return to work and the ministry goals that I believe God puts in our heart to accomplish.

While attending services is difficult, it is my intention to ask at least one elder to pray for me in the regard of the restoration of good health; Divine Well-Being as the written Record of God (the Holy Bible) instructs in the book of James.

Just stood up and heart beat started throbbing in my ears again.

April 30, 2006

Laid down at 10:30 p.m. after drinking 8 oz of the olive oil and two fresh squeezed lemon juice. My body began twitching rather vigorously (more than usual) for hours until at around 2:30 am. (couldn't sleep) I got up and did my first expulsion. If it weren't for the Internet I wouldn't have known what gallstones looked like and so I thank those who went through the humiliating task of clean ones own excrement to show them. I did likewise mainly because my illness(es) remain undiagnosed and I read medical report that the coloration of gallstones can help specialists determine what's wrong. Anyway, they were golden yellow upon expulsion now turning brown in color 11 hours later. I just had my second expulsion and I couldn't bring myself to filter my excrement a second time, but there were many very small black particles on the toilet paper (and have been the past three days) which never before noticed in my life. (As a lab tech I learned to at least visually examine excrements to help see if any serious health issues) Anyway, I've never had such a foul bowel movement in my life. Rounded black objects (I mean black!) floated amidst green and clay colored pussy masses (most of my bowel movements sink until the chronic diarrhea I've had over the past year). These black balls of fecal matter I have never seen in my life to date. I will therefore be scheduling myself for another humiliating experience for a full cleansing/ hydrotherapy for my colon. One of the notations mad on recent CT scan was diverticula in my intestines (if I remember right I read articles that such is often associated with Hepatitis, but having tested negative (and I suspect false positive for mononucleosis) Wilson's disease hepatitis should be considered. Anyway, perhaps food is trapped in some of these pouches off my intestines and contributing to my overall malaise. I have not had the best diet throughout my years. On my own at a young age, I remember one time living on ramen noodles (back then I could get 10-20 packages for one dollar) yes I ate them solely with water for about six months straight. Then there was a time when I was lifting furniture all day for a living and really couldn't eat before or during work due to the strenuous physical

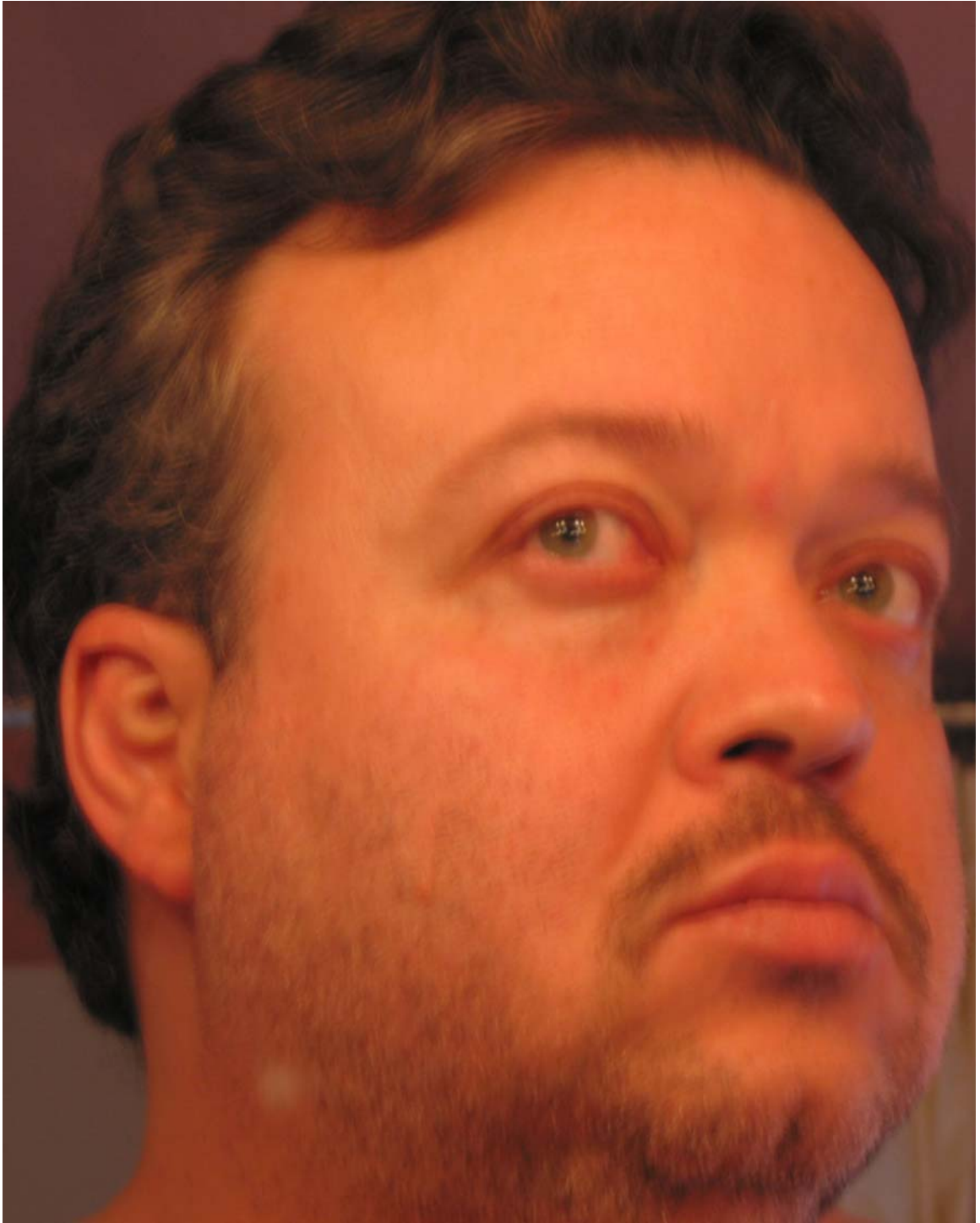


nature of the work; so ate one huge steak nightly with water and fruit juice for at least a year. In fact, my diet really has not been well for many years until about the past two when I started feeling so badly that I made radical changes attempting to get well. Truth be told eating healthy tastes great and is easier on the digestion (at least I don't go a week or more between BM's as I did as a young man) BUT it is rather expensive. I am hoping to have my own gardens/ greenhouses if I get well enough to maintain them or wealthy enough to have a gardener tend them. I always kind of dreamed my "retirement" would be spent writing (ministry), creative web design with digital art to the Glory of God and Christ, patenting "inventions", painting, sculpting, woodworking, stain glass crafting, and gardening with botanicals and medicinals as well as vegetables and herbal spices.

I am uncertain now exactly of my future if I shall sleep soon or dwell many days yet here in the earth. My rectum hurts like it has never before in my entire life. (I am not writing so much to complain as a whiny, wimpy, little baby) In fact, it is against my nature to complain at all, but I don't know of any other way to explain to physicians what is going on in my body; so that I may get needed intelligent (and hopefully in keeping with my Faith) aid in getting well again. I have always had "macho" sensibilities but keep my pain and life-long symptoms to myself for so long I can see was counteractive in my state of well-being. I would advise others not to wait when they notice issues in their body but to seek help from God, the Holy Scriptures, the Body of Christ, Elders in the Faith first, and to not overlook the herbal remedies and proper diet prescribed in the Holy Bible, and then with trust in God seek guidance also from medical practitioners. I have, unfortunately, had to learn so many things "the hard way". Hope this helps others not have to do the same.

On a positive note, the extreme puffy swelling that was around both my eyes is dramatically reduced:

Look at the regions around my eyes after my first expulsion:





I wish I had taken a photo of what my face looked like after the Iron Supplement, because I don't want to have to take any to prove the reaction, swelling down and facial discoloration. I wanted to attend service today, but just to weak from everything and the deprived sleep from the cleanse to do so.

My brother James was kind enough to change out the in line water filters and I have place additional ultra filtration on every faucet to filter out the extremely high iron content in our well water.

Yesterday, as I was talking with James face to face, I started remembering various things about his past mannerisms. I watched him carefully and I looked very closely at his eyes. I remembered many signs and symptoms. Then today I had him show me his eyes and skin more closely. As unlikely as it must be for one family to adopt two sons from totally different parents and both to have Wilson's, I don't put anything out of the realm of possibility after the miracles and "coincidences" I have beheld in my past. I don't want to alarm my already overworked wife. She is so incredibly amazing, I don't know how she does it all and I thank and praise God for her every day! I am going to try and have the hematologist take a sample of James blood and have him screened for Wilson's also. Perhaps I got more obvious symptoms in part so that he might be treated before his worsen. Perhaps he doesn't have it at all, I just want to be sure with everything I've read about the illness.

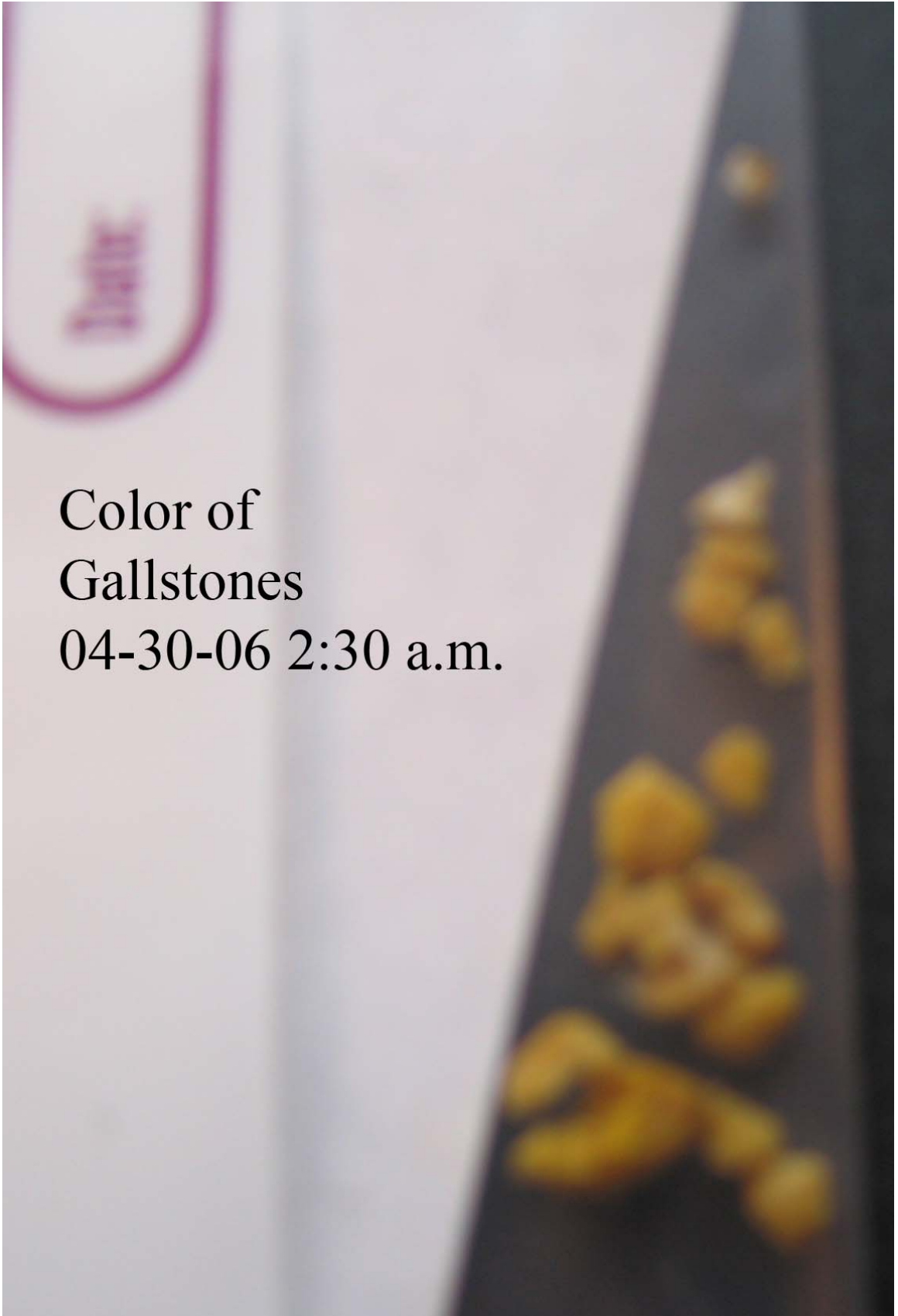
I found out James has had the same chronic itchy rashes on shins and red blotchy skin, with what appears to NOT be cherry angiomas but petechiae in various locations including abdomen region. Abdomen was red, swollen and blotchy. He also appeared to have developed other physical signs of Wilson's. Chronic headaches, very low energy, and it appears like he may also have Kayser-Fleischer rings. When tested for muscle spasms characteristic of Wilson's didn't appear until he stopped concentrating on staying still and then noticeable asynchronous twitching in wrists in pockets. (He often sits on hands or puts in pockets I think unconsciously controlling the twitching.) His rigid walk is very apparent and on top of all the other issues he had as a young person, I believe not a waste to have him tested for Wilson's as well. What most concerned me besides my lifelong memories of his issues indicating this hereditary disorder may be affecting him as well, was that his sclera also appeared to be yellowing. James and I were adopted from completely different biological parents and he is only six months younger than I.

I know the physicians are likely to be quite incredulous, but the clinical tests will be definitive. If this is so, it is quite something to ponder how two young boys from different states were adopted into one family as their sole children grew up together grew apart and now are back together only six months ago to possibly discover they've been suffering from the same hereditary disorder. I can only think that God has something wonderful planned!

I had a dream about a possible future conversation (had these my whole life – some refer to as ESP) where local physician was saying, "...at first I just thought you used lighting (regarding my yellow sclera), but after I visited your website I realized you could've just easily doctored the photos..." He continued to take a position that I was intentionally fabricating this whole thing (for some reason in his mind I have yet to be able to fathom), rather than just humbly admit he didn't look closely enough at my eyes when I asked him to. The conversation continued with him mocking me further

until I asked him angrily, “Does a healthy man admit his balls have shrunk and he started growing breasts?!” And then further I added, “If you will tell me how to recognize spherocytosis morphology and Rouleaux formation, then I will be more than happy to go to the nearest lab; provided it’s not \_\_\_\_\_ (where I had the previous lab work) so that no one is harmed by the discovery they missed (because they had been so kind in letting me view the blood smear microscopically – I pray they’re blessed for that kindness both now and in the Eternal Day)...with you and we will look at a text book example of them!” That reply angered his arrogant, prejudicial attitude he’s been contemptuously treating me with thus far, but I can’t remember anything more of the dream and to whether or not he took me up on my offer. Regardless, I have only overlaid indicators and text and cropped originals, no other modifications have been made and I have kept originals to prove it.

Because the gallstones are turning a darker brown and coloration may help in my treatment once I finally get to see a specialist, I am including them photographed immediately after they were rinsed.



Color of  
Gallstones  
04-30-06 2:30 a.m.

# Color of Gallstones

04-30-06 2:30 a.m.  
in light



May 1, 2006

Jane mentioned yesterday that we spent \$28,000 last year on my trying to get better the natural way. And even though swelling had reduced in my abdomen, my head in the region I was shot and through my whole brain was hurting so bad that I finally succumbed to her petition to take a product she has been getting some benefit from. Ibuprofens help with my joint pain and a little in my body but often made my head feel like it had even more propensity to explode. Aspirin increased my nausea and rushing heart beat sounds in my ears. So the only pain formula I've been taking is a mixture of ground herbs in a capsule. But yesterday my head hurt so bad, that it overcame my concerns about any harmful side effects from taking something I didn't

know about (but had only the testimony of my wife to rely on – God Bless and Strengthen her through this difficult time!(GOD used her to help find treatment solution for millions!!!!!!!!!!!!!! Give Jane Thanks and remember her in your prayers). Anyway about 7 hours after taking 1 - 60 mg capsule of cymbalta, something happened inside the center of my head and quickly worked it's way outward until the exploding overall pain and the sharp pain was being pushed out even in the region of my old gunshot wound. Not long after that my muscles that had been clenched in chronic tension and twitching relaxed and for the first time in many months, I felt significant pain relief. It was a strange experience for I was conscience of the pain still being present but the inundation of it to my brain was being checked (so I could feel it in my body, but it wasn't causing the screaming of it in my brain). Some might think Hallelujah, but as much as pain is a concern for me, loosing my ability to think coherently is even greater. And I didn't like the spacey feeling at all, but since my body had stopped "shivering", especially my hips and legs, I was willing to just continue to be objective. It kept me feeling spacey for about four hours before I became tired enough to go to sleep. I awakened this morning with marked improvement. My abdominal swelling from the cleanse has reduced even more and for the first time in months my right side just under my ribs doesn't feel unbelievably swollen with painful pressure. My left side under my ribs also doesn't have the ever present sharp pain it's had for many months. Based on this personal experience, I would recommend the cleanse to anyone suffering from gallstones and from certain hepatic conditions. The organic apple juice was somewhat expensive but well worth it. I'm going to ask James to drive me in to town so we can get him started on the cleanse right away. In addition, my muscles are tense and very achy but not in the chronic hyper tensed state they've been in for many months. Jane said cymbalta made her spacey and nauseous at first also but after about three days that feeling had gone away with her and she felt alert, clear minded and yet with pain relief throughout her body as well. I told her, I'd commit to trying it for a week (Dr. Correll had suggested I try it in our last visit but I had refused at the time because of the spiritual dream I had about drugs- I have been opposed to taking them in any form even over the counter medications, however, what I was shown in the dream were all the illegal substances being sold for pleasure, in the violent kingdom of hell. I did see pills also but I had the impression in the dream that they were "speed" and "downers", not necessarily every pharmaceutical on the planet. But it was my study in the Book of Revelations (Apocolypse) that by drugs ("sorceries"= pharmakeia) were all nations deceived. And that phrase has been an integral part of my faith to avoid the same. I have long since rethought the issue and herbal compounds I far prefer because I don't trust man's ability to refine them further without harmful side effects. I am minded that illegal pleasure drugs associated with sin and vice are definitely off limits for me. But severe chronic pain for years that has become so consistently acute throughout my body has had a way of wearing on my resolve. Nevertheless, I was willing to endure it but could not endure the combination of the pain with my wife's insistence that I should try the product. (It's very difficult to interact with people at all, let alone when they're upset with me) Anyway, once again, my incredibly wise wife may be right. If after one week I am still having noticeable pain relief and the spacey inability to think has departed, then I will concede the point. But even as bad as the pain is, if I



can't think coherently with my memory not more impaired then it has been, I will cease taking it. This morning I must admit my head feels groggy and dizzy but much less pain and I am able to think rather clearly. I'll be self analytical to see if this continues.

If you look closely at the picture taken yesterday and then at today's, it is apparent that my eyes are even less irritated and the yellowing of my sclera is receding from around my corneas toward my inner eye balls!

Color of gallstones today:



My overall skin coloration is much better today and my palms are much less red but still blotchy.

I took another cymbalta this morning with some yoghurt and a small glass of orange juice. I would say I have over 50% pain reduction throughout my body but especially my head. Praise God for Jane! However, a few minutes after taking it, I was sitting in my chair and got really cold suddenly and started shivering with my teeth clenched. I wanted to get up and then I realized my teeth were really clenched and my jaw was hurting. I couldn't stop shivering, especially in my legs for over ten minutes when my wife noticed she went and got a throw to warm me up and then offered to put a mechanical massage machine on my back. I was so sore in my neck and back and buttocks, it hurt at first and took some time before the muscles started to relax a little but eventually the shivering stopped. I've come up stairs and can already feel my

muscles tightening up all over again. I have noticeable tremors in my hands. I don't know if the pain relief is causing the muscles to unclench so they are shaking now because they're not so tense or if something else is going on.

It is 8:45 pm. and I must document this day. Until 15 minutes ago, no matter how hard I tried I could not stop shivering in my whole body and couldn't get warm. Because my head wasn't hurting as much I felt better about facing the day and with great resolve walked my puppy in the evening. I couldn't help my clenched fists and stiff arms and my puppy almost pulled me over several times. When I walked my hips would spasm from side to side suddenly and legs would bounce. My clenched jaw made it very hard to open my mouth and drink and it was equally hard just to reach out and grasp a glass. Still I was weighing the chronic pain against the twitching and mentally preferred the twitching I was only concerned over the possibility of losing complete control over my muscle coordination. Then I noticed that I was finally getting warm and tingly all over and finally the twitching and spasms subsided. I unclenched my fists and I put my hands on my thighs and squeezed. Never in my life for as long as I can remember did my muscles feel as they felt just 15 minutes ago and to this moment. GOD, I pray this continues toward complete wholeness and well-being. Nevertheless, because I have suffered so long I am cautious about proclaiming a miracle just yet. My muscles everywhere in my entire body have always been rock hard. Dentists have always made comments to me even as a small child to stop grinding my teeth and chewing on my inner cheeks although I was never conscience of doing either. And I squeezed and then squeezed again in amazement for the first time that I can ever remember my muscles were soft and spongy! Just to verify, I asked my wife to squeeze my quadriceps and trapezoidals where I've always been especially tense and she was amazed. In our ten years of marriage my muscles have never felt that way to her.

I want to more fully document the dreams I've been having over the past few months. The doctor's visit yet to come (typed May 01, 2006):  
More specifically we discussed the MRI images and CT scan concerns I had noted. The radiologist has dismissed certain issues I had concerns over inside the brain. Two of which I realize by the Spirit are in fact "normal" and one he was dismissing was not (in fact later on in the future, specialists were confirming with me that I had in fact found indicators that this radiologist (in the near future) was dismissing here locally. So my local doctor laughed about the "Giant Panda Face Sign" and the "Hummingbird Sign" even though I had only stapled the Giant Panda Face Sign to the neurologists report. He acknowledged rather laughingly that the one image did in fact look like the face of a Giant Panda. And he showed me all the radiologists dismissals with the exceptions being that the radiologist was concerned also about the darkened regions in my skull marrow; not the lighter. He also was concerned about part of my cerebrum that was pushing upward in my skull putting pressure on the surrounding protective fluid on the inside of the skull. He wasn't certain my specific concerns of the marrow in my vertebra but also didn't completely dismiss that there might indeed be issues there. Then my doctor started addressing the concerns of the CT scan and I already knew the lungs to be normal. The radiologist couldn't be

certain but possibly noted an agreement regarding darkening around the wall of my heart (not necessarily where I had circled). Then the doctor began rather agitatedly to once again dismiss my concerns of my obviously enlarged liver and spleen and asked me if I could even show them to him in the CT images. So I did in a couple different CT angles. And then once again he and the radiologist had dismissed them because of my physical stature. So I reiterated my point that sure my internal organs would be larger than a smaller adult, but if they compared say my kidneys to that smaller adult and took that ratio multiplied to that “normal size” adult’s liver and spleen they would then see that my liver and spleen were much larger than they should be. Then he made comment about how he thought to himself how he could’ve missed my yellowing sclera and he said that at first he thought it was due to lighting but when he visited my website he realized I could have easily (in his opinion) doctored the photos. I answered something to the effect why would anyone want to have this illness? And that all I had done to the photos was overlay arrows and type showing others what I was talking about. And the only other thing I had done was crop them to centralize attention on the issues. I also told him I had kept the originals to prove it and any digital editor could tell that the photos were in fact unedited in that regard. (artificial coloration he was implying) And went on again to the effect he thought I was healthy or something that caused me to say does a healthy man admit his balls have shrunk and he’s growing breasts. And I made the offer that if he could describe to me what spherocytosis looks like and Rouleaux that I would happily accompany him to the nearest lab (only not where the tech had missed it) and show him text book examples. I finished by asking him to kindly keep any more of his incredulous comments to himself until the diagnosis from the hematologist came in because I didn’t want him to feel worse than he already was going to by further insulting me during this severe health crisis.

The dizziness and nausea and pain in my head is quickly returning so that’s it for now though I have several more “dreams” to record about “upcoming” or “future” events.

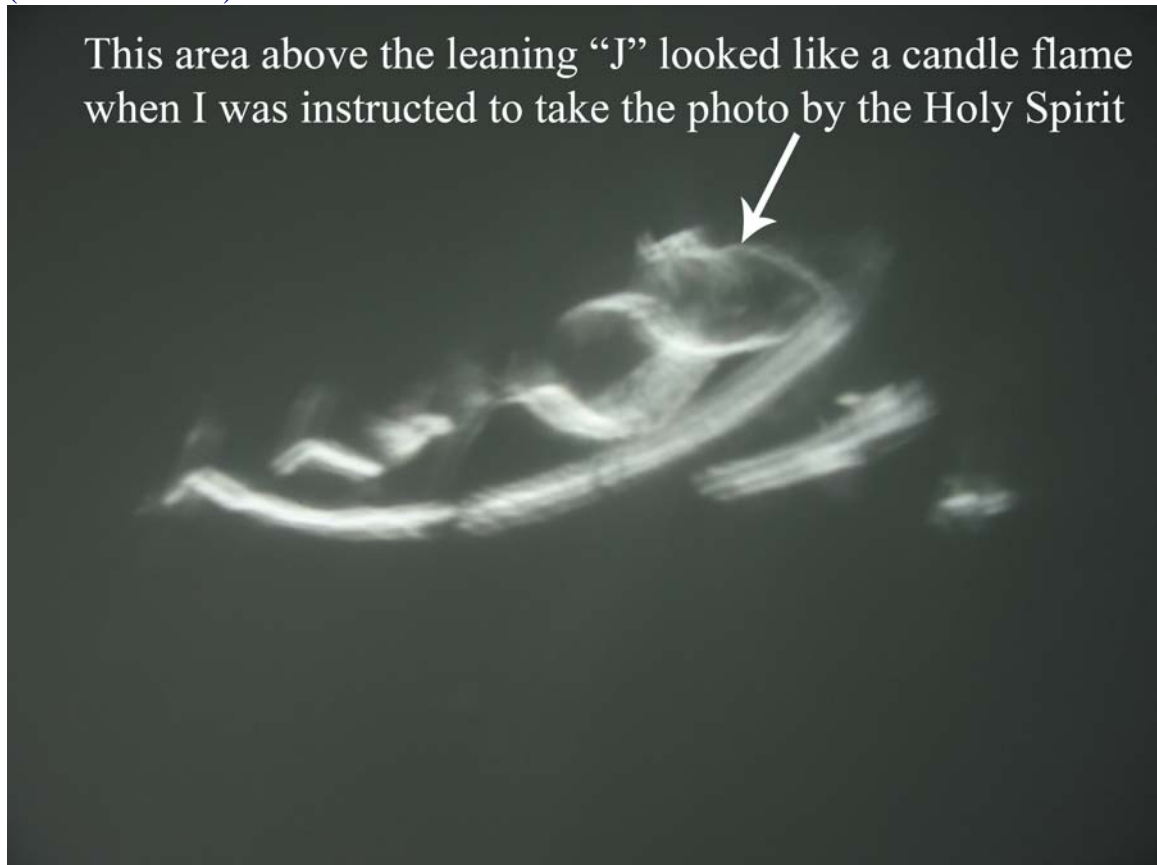
May 02, 2006

Couldn’t sleep until 4:30 a.m. because I am remembering dreams of had of our future (James, Jane and I and Jane’s whole family clearly) and because of the incessant vigorous shaking mainly from my hips and right leg. However, when just the smallest amount of what I was previously feeling in my head reoccurs, the shaking is definitely preferable to the pain. This is probably one of the last days Jane and I will spend together professionally in real estate; but it’s a day I’ve been working toward for years. We have opportunities today to bring together some multi-million dollar deals and we need these kind of transactions now. It would also be an extremely profitable venture for our client, a win-win scenario; I am so hopeful. In addition, I get a very strong feeling about a mansion we’re going to see and I think in my previous dream I remember crying with Jane as I mustered all my strength to walk through it, that it was everything we ever wanted (out of this temporal realm regarding a home to dwell in). And I was racking my brain trying to figure out a way for us somehow to purchase it immediately. It was so beautiful inside and out and had

the lap pool that would help me physically. So I pray GOD, please help me through today and keep my shaking hidden and smile on my face; so as not to disturb our clients and my employer, whom I love and respect. Our clients today are strong believers in Christ and they are so creative, I would love to see them bring their creative talents to Sandpoint; so many would be blessed by what they do.

I want to take another cymbalta (60mg doesn't seem to be enough for me for a 24 hour period, I think probably 100mg would be); however, I am concerned if I do I won't be able to keep still enough to be present before our clients; so as much as I dread to risk it (because of the overwhelming pain), I am going to wait until we're done for the day.

The writing on the wall transformed today from a day or two ago. It started out the same but ended up today as the second photo depicts. I call it writing on the wall although I know it is only light shining through the tree branches in my window, but nevertheless the Spirit instructed me to hurry and take photos on both occasions. A young woman in the "future" was by my gurney/bed explaining to me that what I thought was ancient Hebrew or Aramaic figures was actually Sanskrit and she was asking me if I wanted to know what the images meant. I told he I did but I don't fully recall how she answered, but it was comforting to me at that time (in the "future"). Anyway, here are the images:  
(taken 04252006)



taken 05022006:



It seems I remember another image similar to this that I thought I took last year. Perhaps it's on my other computer. It would be nice to have but too tired to search now.

Yesterday evening when I tried to go to sleep I shook in bed until after 4:30 a.m. My wife wakened me about three hours later. I just knew this was going to be a blessed day and one of the last I'd work professionally in the field. I just couldn't let years of hard work vanish and so I prayed for strength and God's mercy and help. I wanted to take the cymbalta again, but I knew I wouldn't be able to control my shaking if I did. So risking the intense pain I set out to hopefully transact some business as close to this career. I love these creative developers I've had the pleasure of doing business with and praying with and their goals of developing kind and creative communities. These brothers in Christ are such a blessing! While hiking (yes God gave me strength to hike a mountain, I simply couldn't have only a few days previous), two of the guys were startled by some black bear cubs. My heart was pounding in my ears from the hike up and I couldn't run even if I wanted to. Truth be told I wasn't the least bit afraid of mother bear. I had already prayed for our safety on the walk up and I know that we have authority over God's creatures in Jesus' (Yahoshuah's) Mighty Name! I would have just commanded her to depart in Jesus' (Yahoshuah's) Name telling the mother we meant her and her cubs no harm had the occasion arose. If any believers ever find themselves in that kind of situation, extend your right forefinger and point at the creature and boldly command it in Jesus's (Yahoshuah's) name and it shall obey you; for in Christ we have all dominion under our King both in Heaven and in the Earth.

I see it in their eyes. Ever since a few days ago when I finally got some pain relief from years of agony, I began looking people in the eyes. I had been avoiding doing that because I was so embarrassed about my suffering and didn't want others to know I was hurting; probably a complex I developed through getting teased by school mates when I was younger. Some false sense of machismo. Anyway, I am seeing the Wilson's hereditary disorder virtually everywhere I go here in north Idaho. A color ad with different images of documented Wilson's eyes of various colors together with strong symptoms needs to be run continuously for six months up here in the local papers of Coeur d'Alene and Sandpoint and also in Spokane. The largest concentration of Wilson's sufferers ever before documented in history will be found in this region. Then ads should be run nationwide and hopefully televised on the news. From what I've read early detection can be very helpful in leading a long and healthy life even with the hereditary condition. The people I've seen thus far (the first after my adopted brother James, was my lovely wife, Jane) yes, I saw it in her eyes too and knew I couldn't tell her or she would refuse testing because the illness makes her (like me) incredibly stubborn. So I told them we were all going to go to the hematologist in Spokane together. In order to get them to complete the financial responsibility form and prescreening questionnaire I've had to tell them that I'm going to have the doctor test their blood for compatibility with mine in case I need a transfusion. After the doctor verifies what I already know about my ailments. Then first James and finally, my dear, Jane. I'm going to have the doctor tell her James was incompatible and to ask him, as remote as the possibility may seem to him, to test her as well. She shouldn't suffer because the stubbornness of the disorder would cause her to refuse testing and that would cause her almost all the members of her entire family (which will be found to have Wilson's as well, but I believe the children of Billy and Donna will not (as a great relief to them) Then came a time Jane took us into town and at Yoke's in the produce department a young man (Justin) of large build was walking like a robot as his natural manner. (the Spirit was just showing me others around that have this and encouraging me to let the scientific community know and the public that this hereditary condition is far more widespread than what is currently thought; especially among Caucasians. A clinic specializing in treating the high concentration in north Idaho needs to be established right away. The scientific community will state this discovered concentration is due to the subconscious attraction of people who are like ourselves. By the time the public awareness campaign is finished millions will be found who have the disorder and I hope by God's grace it will save many from the kind of suffering I've been enduring and enable adults to make wise decisions in choosing their mates in the future to breed the condition into extinction. On the other hand, so far those that I've noted that have it appear to be very dynamic individuals with drive and determination, extra creative thought and intensity; so perhaps there are blessings with the curse, and it appears to me if managed correctly could become no curse at all. So the next I noted was in a restaurant in Priest River, our younger waitress and then I looked carefully at Ron and Mike our clients and saw it in their eyes and just to be certain watched the dystonic faces and the unconscious spasms in their fingers and hands. I noted that so far all I've seen have had prominent foreheads and the Kayser-Fleischer rings clearly

visible. Then the other observable signs become apparent, especially the rigidity, teeth grinding and if one listens carefully the speech difficulties. (Even in the very intelligent). High blood pressure comes about due to the heart working harder to supply oxygen and nutrients to the rest of the body in an attempt to compensate for all the unhealthy immature cells. Some Wilson's sufferers won't be hereditary at all, but like a rare form of leukemia all the pollutants (hydrocarbons) will cause some to have destroyed bone marrow and bring about the disorder. The remaining healthy marrow has to work harder to produce enough cells and releases them early into the blood stream, this is why it is critical for Wilson's sufferers to be given exact match (type and Rh factor) only because if hemolysis occurs with the fewer healthy cells the persons will essentially suffer from oxygen deprivation to every other cell, muscle, joint, organ in their body, including the brain and thereby causing symptoms of various organ failures for those untreated and suffering. This to include diabetes, hepatitis, depression, cardiac disorders, cancers, in fact you name it, if you starve the cells in your body from necessary inspiration, you begin dying and that can happen rather rapidly if hemolysis occurs and upset the delicate balance that is achieved during maturation as the body is able to compensate for the disorder to lead relatively healthy lives provided those diagnosed learn how to prevent the accumulation of copper and other heavy metals from being extensively stored in their systems. Testing in children at public schools during inoculations could help let them know they should choose mates in the future that do not have the disorder either dominant or recessive. Let the suffering in silence cease. Many of Wilson's sufferers have been incorrectly diagnosed with the illnesses of the dying organs rather than getting to the core issue and so those individuals develop other complications until they die because of the lack of awareness of how easily this disorder can be detected. The potential serious nature of the illness should be down played during the public awareness campaign (serious enough to bring them in one by one); but not so serious as to cause a nationwide panic; especially since many who have the disorder can live and die without ever knowing it; if their healthy blood is never severely challenged or impaired. Then I saw an actor who stars in Big Love with twitching face, enlarged between eyebrows and the Kayser-Fleischer rings in his eyes. The rings were also apparent in several of the major and minor actresses in the show (looked like about a dozen or so in that episode). I'm not certain but I highly suspect Wilson's in these individuals as well. That said I am not for or against polygamy. I don't think it is ever condemned out right in any of the Holy Scriptures but the exemplary path of happiness and joy is with the one wife and one husband God especially created just for you. Nevertheless, I would rather see one godly man raise a hundred children than a hundred ungodly couples raising one child each any day! But again, One Christ, One Body, One Church, One Bride, let us follow His Example so plain before us. (Necessary Godly Repopulation being the only exception) In Yahoshuah's Mighty Name let Wilson's Disease be eradicated!

Thus says the High and Lofty One, Who Inhabits Eternity, the Great I AM, you (referring to me) shall deliver up copies of the fire breathed words I inspired and caused you to write (for My Tongue is the Pen of a Ready Writer). You (referring to me) shall NOT deliver up the originals, but they shall be stashed away and hidden

until the time appointed. Yes, in the fifth year of the reigning king, Aterxerces, and in the domain of Ethiopia (not modern day Ethiopia, in Africa) but the very great and ancient Ethiopia in the Mesopotamia region of the Middle East, where the Garden of Eden Once was and shall yet be again (and yet is), I shall cause the Book to come forth and accomplish all that I set My Hand to do. None can prevent it, it shall come to pass as surely as I am the Lord your GOD, says Yahshuah Ahamileahliahlay! Amen.

May 03, 2006

Writing on the wall continues. Two images this morning:

First: (The area with the rectangular patch of light had the shape of a cross coming out of it when the Holy Ghost told me to get my camera quickly, but because I'm having trouble moving and coordinating now it had changed to this by the time I got back)



Second:





It's getting hard for me not to take blurry images because of the uncontrollable shaking. I think there were only three prominent lines on the right.

Okay I need to be more specific about the Awareness Campaign. From the time a full page color add with Wilson's Disease Eyes showing Kayser-Fleischer rings in various eye colors (some images showing less or more of KF accumulation and some show with yellowing blood shot sclera, some without) twelve single eyes of various ages, shapes, color, sizes going as large across the page as possible 3 across and 4 down. Together with an ad (Headed – "**LET THE SUFFERING SILENCE CEASE.**") and that says something like, If you look in the mirror and either or both of your eyes look similar to these and you also suffer from or may have any of the following characteristics: chronic insomnia, depression, if you are addicted to drugs and/or alcohol as the only solution you could find to take away the physical, mental and /or emotional pain (don't put this in ad - prisoners should be checked as well as mental patients in sanitariums) short term memory starting to fail, yellow patches or bruising in armpits or anywhere on body, itchy shins, rashes that turn into dotted scabs, scratches or small wounds that take an abnormally long time to heal, easily bruised, have lots of freckles and/or moles, spider veins, tiny pinpoint red marks on your skin or in your lips, bleeding gums, easily made dizzy if you tumble (gymnastics, summersaults, cartwheels) or spin in place, generally have poor balance, chronic motion sickness, muscle hypertension, been told you walk very stiff, frequent knots in muscles, constantly sore muscles and/or joints especially in lower back or hip regions, have one leg that causes you to kind of limp or drag it (seems a little shorter than the other) or walk stiff legged without bending knees much, have trouble holding

facial or body poses for over a minute, blink constantly, always fatigued and so probably drinkers of caffeinated products, no matter how much sleep you get you never feel fully rejuvenated, chronic headaches/migraines, (toes, fingers, feet, hands, arms or legs that go numb without apparent cause), sit on your hands or put them in pockets or pants to keep them warm, finger or muscle twitching, joint pain even if it's only chronic in one place, shivering because you're feeling cold underneath the covers even though you should be warm, irritated by what you perceive are very slow drivers or "incompetent" people all around you, can't stand to be interrupted when you are concentrating on a task or doing creative thinking, just generally easily irritated especially by what you perceive are other people's foibles or shortcomings, very impatient and always in a hurry to get things done, extremely disappointed in others who do the same work so much slower than you or you would like them to do, failing sight or hearing, think regularly "If only people would do as I say, the world would be a better place", feel you have something of great importance to contribute to others, believe you have experienced ESP or "De Ja Vu" experiences, or have been diagnosed with anything from diabetes, pancreatitis, hepatitis, arthritis, mononucleosis, Epstein Barr, chronic fatigue, various palsies and neurological motor disorders (including cerebral palsy, dad), any birthitis or congenital bone degeneration in lower back or hip region,(don't put this in adcopy - but bone degeneration occurs in this area from uncontrolled rapid shaking/shivering while going to sleep or during sleep or when sufferers feel cold even though they should be warm; due to unhealthy blood) to any and all kinds of cancers. Yes, if anyone has any of these organ involved diagnoses together with Kayser-Fleischer eyes and especially if together with the KF eyes also has a prominent forehead, FIRST make sure to get good health insurance immediately with long term care benefits and AFTER POLICY(IES) ARE IN PLACE (If you can afford it; otherwise call or come in right away), call \_\_\_\_\_ or come directly to this health clinic(s) at this(these) location(s):\_\_\_\_\_ This is treatable and the sooner you start the better; so please do not delay. (Really if anyone has KF rings period they should be tested and if any have children, their whole family needs to be tested)

This ad should run on the last (back) page of every major newspaper in every major city (or largest town in a geographic region continuously for six months. From the time that advertising begins until the six months are up, over one million people will be diagnosed with Wilson's in the United States alone, then over the next two to three years more will come into the clinics by word of mouth so that by the end of three years somewhere between two to three million Americans will have been diagnosed. Worldwide it will be at least 4-5 million total and could be as many as twelve million depending on if there are satellite, Internet, and/or televised alerts; other than newspapers, by the end of that period. Some scientists will consider it some form of human evolution rather than give credit to our Creator, GOD ALMIGHTY. It is going to be a great and glorious time for those diagnosed and for those who shall learn from all the hidden talent about to be uncovered globally. After the three years are up, Wilson's Disease awareness will be heightened enough so that general practitioners will recognize the disorder early on, so low Cu diet, (lower Iron and other Heavy Metals also together with regular Heavy Metal cleanses and chelation therapy.) Colodyne (or similar product) from Life Plus very helpful to maintain healthy bowels.

Eventually, transfusion therapy will be recognized once machines are in place to double check exact match only and purified with no bacteria or viruses present. And that shall prevent the rapid degeneration of brain and organs that cause excruciating pain in those afflicted with the disorder. Too many will consider the risks too high and the chance of harmful side effects too great to start transfusion therapy right away, but if they had even a small taste of the agony Wilson's causes, they would be more rapidly evaluating and perfecting the technique. Unfortunately, due to my combination of terminal illnesses (I KNOW all you brothers and sisters are cringing over "profession of faith" and thinking I'm giving this all to myself – I assure you I am NOT, but if you never talk soberly about your trial or tribulation how shall any know to pray for you. I WELCOME ANYONE who wishes to pray for my complete recovery to Divine Well-Being. I even welcome that if the Lord Allows me to go to sleep, that ANY who GOD chooses may come in resurrection power and raise me up! (But if you pray for/over me, pray also for/over the Love of my Life; for she and I are one) Further, I KNOW if GOD wills, I shall indeed be well and/or resurrected. Regardless, I know I shall see you all in Resurrected Glory on the Great Day that is soon to Come!) As I was saying the combination of illnesses would make transfusion therapy harmful to me but for those who have Wilson's only with no chronic infections or other serious (terminal) illnesses, transfusion therapy will prove most helpful indeed. Those who participate in that therapy should be otherwise healthy in all respects except for Wilsons and should begin treatment anytime their healthy RBC's to unhealthy drops below a 50% ratio. Thereafter they will have to be monitored monthly to make certain the RBC healthy/unhealthy ratio doesn't drop sharply. Regardless, once a transfusion is necessary, the patient will have to receive transfusions at least once a year for the rest of their journey here in the earth. I use Dr. Andrew Lessman's line of supplements (Omega-3, CoQ10, Alpha-Lipoic Acid, Anti-oxidants, and multi (in lower dosage as too much of certain B's only deprive of needed rest) All should be administered proportionate to weight. Honey and Honey Elixirs (See Bee Products-Royal Jelly) has healing properties and should be utilized as primary sweetener and staple when nauseous stomach. Tri-Vita sublinguals help earlier stage. MDR Vital Factors help earlier stage. Herbal support with meals in appropriate amounts together with high quality Zinc\*(potency proportionate to heavy metal content of meal consumed) Compound X by Two Feathers in the morning, cymbalta once daily in evening (at later stage no more compound x and More MUCH More pain relief as necessary (BELIEVE THEM) even if it means end stage system failure. For the birth pains of the bright Golden Day are upon us and if being born into this world is painful; so to upon entering the next; but once past all is forgotten and a Bright Eternal Day of Joy in which there will be NO MORE PAIN OR SUFFERING shall break forth! Amen! Now the pain with Wilson's is so great that even strong believers will begin to question their faith. During that time they must constantly recall the suffering of Christ the stress He went through (knowing his painful suffering and "death" lay ahead in the Garden of Gethsemane and did pray for that cup to pass from him (so great the anguish of knowing you are going to suffer greatly) but concluded, Nevertheless, not My Will, But Thine Be Done! For unless the seed drops to the ground dies and is planted it can not bring forth fruit and by so doing many whose incredible talents might have gone unnoticed or under appreciated

will finally be recognized and benefit mankind as a whole. Many with Wilson's will die (what those who don't have it will perceive as horribly and excruciatingly painful) But these shall be comforted now knowing that it was all in God's Plan to bring their hidden talents to light and to Glorify His Name and that He will be with them through it all. They must recall the Path to His Glorious Resurrection in detail for we follow our LORD and KING! Remember how at the last He cried (who had been supremely intimate with the Father) "My God, My God, Why hast Thou forsaken me?" For at the last you true followers will feel the same, but you must KNOW with every fiber of your being, that the LORD would not have ordered me to write all that HE instructed me to in my journey through this earth if He was going to forsake you during this time of your greatest tribulation. HE will comfort you! I suggest making CD's or I-pods of your favorite Hymns and Worship Praises and compressing (mp3 format) them for a minimum of 8-12 hours of continuous Praise and Worship to listen to during that time. At that end stage, IF the suffering soul asks for pain medication, provide it, but if they want full use of their faculties to continue to pray and praise GOD calling upon His Name continuously then DO NOT FORCE PAIN MEDICATIONS upon them (or sneak any through an I.V.) DO WHAT THEY ASK OF YOU PLEASE! MANY of these sufferers are IN TUNE with the HOLY GHOST and so will be getting instructed by the SPIRIT OF GOD as to what they need and as to what they need to do to fulfill their calling(s). So as I (yet not I) was stating, at the end stage my brothers and sisters, REJOICE for Your Redemption Draws Nigh! It's okay to scream, It's okay to cry out, during those final moments let the SPIRIT OF GOD take control and do and speak and think as He does and instructs you to do! During your greatest tribulation just call upon our Lord continuously don't let any doubt creep in for He has NOT forsaken you! You will cry in one moment and the next be in radiant Glory and in the Bodily Presence of our God and of our King; our LORD and Savior!

Ron, my dear friend and Wise, Honorable, Strong Brother in Christ (Ron is a derivative of BRONOHIAH- "one who is Mighty (in Spirit and in flesh) and Strong (in Faith, Spirit and flesh) with YAH!"(in CO), I'm sorry to inform you that you have Wilson's; fortunately, I don't think the young man Joshua has it, but I would appreciate a good report when you get it. You are very wise to have been eating oatmeal all those years. And brother when you asked me if I thought there was anything you could teach me, the only reason I paused was because the Holy Ghost immediately brought the Scripture to mind, and you have need to be taught of no man, for the Spirit of God Himself shall teach you all things. I did not mean that the Lord in you and the talents He has given you I did not wish to learn of and from. So I hope you will share some with me, I would be very grateful.

Upon first diagnosis comfort the person, for it is possible that if they are careful to eat and live properly with diet and exercise that supports good health to live long and prosperous lives. All should immediately go through their choosing after prayer an appropriate liver/gallbladder cleanse. They should drink organic apple juice with Phos liquid drops in the amount of one dropper full per hundred pounds of weight and per eight ounces of the apple juice (if possible for them to consume that much). This

should be taken first thing in the morning before the morning meal and only with a piece of Ezekiel Bread (maybe with cream cheese spread) or yoghurt to soothe the stomach. (plain yoghurt with raisins, dates or fresh fruit and grains preferred; NO CHEMICALS OR PRESERVATIVES) Apple juice, Green Tea Formula, or pure filtered water (no metals in water) (these beverages only during cleanse; otherwise fruit and vegetable juices of all kinds and at times specific recipes for shall be given by the sufferer as the LORD tells them what natural mixture they should be drinking) should be consumed during the day and before evening (with cymbalta) another proportionate apple juice, Phos liquid with an added dropper full (no need to drink another 8 oz. with) if the person is showing signs of jaundice already (even if only sign is slightly yellow sclera) Depending on the number of days will depend on the diet of fresh fruits and vegetables, small amounts of cooked fish or chicken with main meal once daily (4 oz. per hundred pounds of body weight) until last two days when only soft foods like yoghurt and hot honey, apple, cinnamon oatmeal be given. (organic, no chemicals or preservatives!) I know also by the SPIRIT of TRUTH in me that keeping the body toward a more alkaline, less acidic Ph is helpful for those diagnosed as well. Those who have Wilson's have a tremendous amount of body pain due to muscle hypertension (besides the organ involvement and arthralgias) and it would be most kind and appreciated by them if they can if at all possible soak in a hot spa during cold/ shivering, swim/ float for moderate exercise (in a warmer pool; not cooler than 86F/30C (I prefer 88F)) but can be warmer as to the attempt to comfort the sufferer. In addition, the muscles spasms continuously during mid to latter stage degeneration and body work in the form of therapeutic massage would be an incredible God send! May any and all volunteers who aid those called to this level of extreme suffering; to the Glory of GOD, be Eternally Blessed!

I did not choose to be the harbinger of bad news (and yet Great and Glorious in the unsearchable Wisdom of Our Masterful Creator) and it is most painful to tell those I most dearly love and care about their condition is most serious and any transfusions should be monitored on site prior to entering the person checked one last time for compatibility (EXACT MATCH ONLY IN TYPE AND Rh FACTOR!!), in addition donor blood MUST be carefully screened for any infectious diseases as a trauma to a person with Wilson's immune system could set off the terrible and rapid degeneration of their overall health. This reminds me that Threelac definitely aided my immune system during this crisis and battled against my chronic toe nail infection that had started turning my nails black. For all I know, the Body of Christ may band together and pray and heal completely some of those afflicted to His Glory, but many shall die that all may be fulfilled.

Your callings shall be manifest and you shall complete the work God sent you to do! For you, precious Seed of Israel, are the Latter Rain, sent at the time appointed to fulfill GOD, Our Father's (and Mother's); yet neither for He is SPIRIT, yes sent at the time appointed to fulfill His Great and Glorious Will and bring about the Latter Revival in which millions upon millions, yes, even billions of people shall be saved! Glory to GOD! I would have never thought this would be His Plan but Here we are in the End Times, at the End of Days, at the End of Years and great multitudes shall

Repent and be Baptized in the True Name, YAHOSHUAH  
(AHAMILEAHLIAHLAY – the LORD our GOD who took on a Body of Flesh and Blood, suffered and died for us, rose the third day and is ALIVE today to Rule and Reign over ALL His Creation and to answer ALL those who call upon Him forevermore!!!!!!!!!!) Amen.

And now I tell you (yet not I but the Spirit of the Living God who is in and upon me this very moment causing me to rejoice at this Great Proclamation) you shall not suffer long, tribulation and weeping endures but a moment but your Joy shall be Eternal! The LORD our GOD SHALL RETURN IN GREAT GLORY AND GREAT SHALL BE HIS MAJESTY! THE WINDS SHALL CEASE AND THE RAIN CLOUDS BOW AND THE DAWN BE SO BRIGHT BECAUSE THE LORD OF GLORY SHALL FILL THE EASTERN SKY AND EVERY EYE SHALL SEE HIM! HE THAT HAS A SEVEN SPIRED GOLDEN CROWN AND SEVEN BURNING EYES BRIGHTER THAN THE SUN SHALL FILL THE ENTIRE SKY WITH HIS VISAGE AND HIS RETURN SHALL BE MORE OBVIOUS THAN THE RISING OF THE MORNING SUN! When you ask shall this occur? When ALL that I, says the LORD ALMIGHTY (GREAT AND TERRIBLE IS HE; YET MERCIFUL AND FULL OF LOVE, PEACE AND TRUTH), YES WHEN ALL THAT HAS BEEN WRITTEN IN MY NAME AND TO MY GLORY SHALL BE FULFILLED AND WHEN YOU, MY BRIDE, SHALL CAST OFF ALL RESTRAINT AND BE FREE IN ME TO PERFORM ALL THAT I HAVE CALLED YOU TO DO. AND FINALLY WHEN YOU MY BRIDE OUT OF A SINCERE AND LONGING HEART CAN ENDURE NO LONGER TO BE WITHOUT MY PRESENCE THAT YOU ALL SHALL PRAY AND LIFT UP YOUR ARMS TO THE HEAVEN AND SHOUT, “COME LORD YAHOSHUAH COME!” Then shall the End come, the End of this wicked age and wicked corrupt people forever for all shall either cast off their wicked ways a cease to hate and kill one another and learn to love and edify one another or they shall be consumed in fiery judgments of GOD’s Word, written of old. For the earth shall not support the wicked and great famine and disease will break out; so much so that the wicked will commit cannibalism; for the animals being lustfully consumed in gluttonous orgies shall die of diseases as well. All that the wicked set their hand to do shall crumble and fall and their money be as nothing. But the Righteous shall have all that they need and be nourished during this time of Great Tribulation. They shall be as Israel in the Land of Egypt, protected, nourished, and blessed by the LORD HIMSELF while judgments were poured out on the Egyptians oppressing them. It is time for you all true believers to make certain that you KNOW our LORD (not just believe in Him) if you don’t KNOW HIM, ask yourself did you obey his commandment - REPENT AND BE BAPTIZED EVERY ONE OF YOU IN THE NAME OF YAHSHUAH OUR MESSIAH FOR THE FORGIVENESS AND REMITTANCE OF YOUR SINS. AND YOU **WILL** (MOST ASSUREDLY WILL!!!!!!!!!!) RECEIVE THE GIFT OF THE HOLY GHOST. FOR THE **PROMISE** (**ALL** THE PROMISES OF GOD ARE **YES!** AND **AMEN!!!!!!!!!!!!!!**) (do not change the number of exclamation marks it is not a sign of Wilson’s but rather done by Inspiration of the Holy Ghost for those who can understand why)) AND THIS PROMISE OF THE HOLY GHOST TO BE

POURED OUT IN THE LATTER DAYS UPON ALL FLESH SHALL BE FULFILLED AS YOU OBEY THIS COMMANDMENT AND **THEN** YOUR SONS AND DAUGHTERS SHALL PROPHECY YOUR OLD MEN DREAM DREAMS AND YOUR YOUNG HAVE VISIONS!!!!!!! FOR THE LORD OF GLORY SHALL PERFORM IT; YES, I THE LORD, HAVE SPOKEN IT AND I THE LORD SHALL PERFORM IT!!!!!!! BEHOLD! THE EIGHTH DAY SHALL BREAK BRIGHT AND GLORIOUS AND FAIR!!!!!!!AND IS SOON UPON US!!!!!!! (My dearly Beloved Brother and Friend, James, has been given the calling and duty to baptize those (and work beside those also called to baptize the repentant in the True name of our LORD SAVIOR) willing to obey this call of the SPIRIT and call the Body of Christ back to His True Name and True Worship – just talk to him about this for more details and let the rivers, lakes and streams be filled up with the repentant and those called to baptize them!!!!!!!(see “Doctrine of Baptisms” on how it should be performed) BUT FIRST THAT WICKED ONE SHALL BE REVEALED AND HE SHALL HATE YOU MY CHILDREN AND AS PHAROAH AND HIS PEOPLE PERSECUTED YOUR FATHERS THEY SHALL PERSECUTE YOU. BE STRONG IN THE FAITH, MY CHILDREN, FOR I SHALL BE WITH YOU AND WORK WONDEROUSLY THROUGH, AROUND AND UPON YOU!!!!!!! BE NOT AFRAID OF THE CONCENTRATION CAMPS SOON TO RISE UP FOR WHEN THE WICKED SEEK TO DESTROY YOU IT IS TO BRING ABOUT THEIR OWN END. PRAY TO ME NOW AND I WILL GUIDE YOU SAYS THE LORD IN ALL THAT YOU ARE TO DO AND SAY IN THIS FINAL TIME (THESE LAST DAYS, THE END OF YEARS, THIS FINAL TIME, TIMES AND DIVIDING OF TIME); FOR THE DAY OF THE LORD IS AT HAND!!!!!!! PRAY TO ME SAYS THE LORD AND SOME OF YOU I WILL GUIDE INTO PLACES OF SAFETY TO HIDE AND TO NOURISH YOU UNTIL ALL IS FULFILLED. OTHERS SHALL BE CALLED TO THE FRONT BATTLELINES TO RESCUE THE WEAK AND THE FALLEN AND TO CONVICT ALL THE UNGODLY OF THEIR UNGODLY WAYS IN A FINAL CALL OF REPENTANCE!!!!!!!BEHOLD!!!THE TIME IS AT HAND WHEN **ALL** SHALL BE FULFILLED!!!!!!!STILL OTHERS OF YOU SHALL BE BETRAYED (OFT BY “FAMILY” MEMBERS) AND DELIVERED UP TO HAVE YOUR FAITH TRIED!!!!!!!BLESSED ARE ALL THOSE WHO ENDURE UNTO THE END!!!!!!!BUT EVEN AS I AND YOUR FATHERS SUFFERED AS AN EXAMPLE TO YOU, LEARN HOW TO BE STRONG AND VERY COURAGEOUS BY RELYING ON ME AND THE HOLY SPIRIT, THE HOLY GHOST SENT TO GUIDE, TEACH AND STRENGTHEN YOU MIGHTILY AT THIS END TIME. BE STRONG AND BE NOT AFRAID I WILL STRENGTHEN YOU SAYS TO LORD ON HIGH WHO REIGNS FOREVER AND EVER. AMEN.

Before the End must come, you must FREE ISHMAEL! FREE ALL THOSE STILL TRAPPED IN THE ISLAMIC FAITH!!!

All in ornate gold print.(large as 5”w x 4” h book will permit “This is a Message from the Great I AM” then on next page still in Gold “It is a Message Of Love From Me to You, Dear Child” (on next still ornate gold print) “But You Must Read It ALL From cover to cover to Understand My Message of Love” and on next “I do Love You!

And I watch over You, both Night and Day.” And on next “I have a Plan for You. You have a purpose! It’s a Plan to Give You Hope and a Future!” and on next still gold ornate “It’s a Plan that will bring You Great Peace, Joy, Happiness and Fulfillment! A Plan only You can do.” And on next still gold ornate “My Child whom I Love, Cherish and Treasure Always, Read now my words written down of old; written from very ancient times; and you will find also written by Me, Your Creator, upon your very heart.” (next) “Yes, Read Now My Words meant for All to Know and Understand that I, the One True God, Desire to Intimately Fellowship with all of you, my Dearly Beloved Children.” (Next) “Read and I will Open the Eye of Wisdom I’ve already placed within You, and You will come to KNOW Me, personally and that I AM Truly GOOD.” (next still gold ornate) “Read, My Child, and I Myself will Instruct you in All things, and Teach you All things, We will be One, and You will Walk and Talk with me in Power, in Love, in Honor, and in Great Glory!” (next) “the Words you read may look familiar at first, but read on and you will notice the Love and Divine Inspiration Drafted From the Beginning of Time” (next) “Read it ALL, from Cover to Cover, and I Promise, says the Lord Almighty who Rules and Reigns Forever on High and Watches over You both Night and Day, that I shall Reveal My Specific and Particular Plan I Have Made Just For You the Moment You have finished reading it Entirely!” and finally on last of introductory pages “What are You waiting for? Read, My Child, Read!” (and close at bottom with the Golden symbol on cover (or not). Then the first Character of Each Title of Each Book in the Holy Bible MUST be Large, Golden, Ornate and the first Character of Every Chapter about half size of Book title but still Large, Gold, Ornate. One Million of this style must be printed and distributed FIRST in every major Islamic city in the Middle East, BEFORE any of those already printed (and should still have the introduction and magnifier inserted) can be air-dropped as well.

This concludes my instruction for now. I only hope I shall continue to be able to type until I depart to be with My GOD and Yours, my LORD and SAVIOR and Yours, Our Loving, Ineffable, Majestic, Bright, Wise, Omniscient, Omnipotent, Eternal, **HOLY** and Glorious Heavenly Father, the Creator of All Spirits; the Creator of Everything. For He Abides in His House, the Fourth Dimension Always and All is NOW and it has been Faithfully Declared to You as He Wills. Amen.

The Green Tea Formula (for 2 gallons):

2 White Tea (Silver Leaf – Dr. Andrew Lessman

4 Honey, Lemon, Ginseng Green Tea

4 Orange Spice Green Tea

4 chai Green Tea

1 1/2 cups of raw honey

8- 4”-6” cinnamon sticks

2 pieces of candied ginseng (about 1”-2” in diameter) (by the way candied ginger is great for treating nausea and bring when you have to travel to quell motion sickness) bring to boil, then reduce to simmer lo for three hours, then leaving lid on turn heat off and let steep overnight. Filter particulates if necessary. (remove any bleached strings or printed tags from bags before putting in filtered purified (and revitalized if possible) water. (See Dr. Lee’s study on the effects of thanksgiving upon the



molecular structure of water (eat, drink what is set before you; for it is sanctified by the giving of thanks (unto GOD our Creator and Provider, Nurse, Great Physician and Healer) All people with Wilson's should regularly drink water that has been decontaminated and purified and, if possible, revitalized with high oxygen content.

5:43 a.m. I must discard some of what I've read and speak to you all now more plainly about Wilson's so you understand what those with the hereditary disorder will shortly be going through and so that you will BELIEVE THEM and WHATEVER THEY TELL YOU THEY ARE EXPERIENCING!!!! Oh You Precious Children, my dear Brothers and Sisters in CHRIST, You MUST be Strong and Very Courageous!!!!!!!!!!

Since the LORD revealed to me that some would actually argue to breed Wilson's in (due to all the amazing talents, and gifts about to be revealed through God's Dear Children, His Glorious Angels who Excel in Strength, Listening and Doing All He Asks and Commands of us). I must speak plainly now on Wilson's. Please; do not give this part to anyone diagnosed with Wilson's until they have entered the tertiary or latter stage of the disorder.

Primary – Kayser-Fleischer rings observable (this sign only is enough!) but clinically spherocytosis can be observed (the degree and percentage of which can be used to determine how close the Secondary and/or Tertiary Phase is) all other known tests, signs, symptoms may or may not be present. If none other signs, symptoms present, then person is in Primary Phase (during this time and throughout, person must take proportionate zinc to meal/beverage consumed and be tested monthly to make certain zinc overload is not occurring) People in the primary phase should eat as GOD intended (moderately) (see “Maker's Diet” and “Health Through God's Pharmacy”. If beef is consumed should be no more than once or twice per week and should be low-fat high quality (tenderloins or elk, buffalo) (6 oz./ 100 lbs.) together with high quality organic greens, and vegetables, Avoid all foods/beverages too high in metals (refer to [www.wilsonsdisease.org](http://www.wilsonsdisease.org) for lists) Monitor any new health complications and give herbal support for that degeneration as long as possible. Push for QUALITY CONTROLLED TRANSFUSION THERAPY. (My only concern is that is there any healthy blood anywhere any longer? :”Yes, there is some” and the LORD says He will be speaking to them by His Spirit to donate (mainly younger children (but not younger than 8 years of age) Bless you!!!!!!!!!!!!!! dear ones!!!!!!!!!!!!!!) If too many adverse results, (risks too high due to lack of knowledge in donor/recipient compatibility), then discontinue this practice until knowledge increases. Keep patient on as much of the Primary Diet and Herbal support as possible through the following phases, let them tell you what the SPIRIT is telling them to consume. NO PROCESSED FOOD OF ANY KIND THAT HAS ANY CHEMICALS OR PRESERVATIVES, WHOLE FOODS (AS GOD MADE THEM) ONLY. In addition, to organic apple juice, carao juice (from Costa Rica) can be beneficial until the latter Secondary and into Tertiary Phases when it actually becomes slightly detrimental (patients in Tertiary Phase should always discontinue carao juice from their diet).

Secondary – 50% of signs, symptoms, known clinical tests are present, face/body begins to show signs of organ involvement (Garden of Gethsemane has begun) spherocytosis less than 50% of CBC morphology

Tertiary – Jaundice, obvious signs of organ involvement/degeneration, more than 50% spherocytosis. **Uncontrollable shaking** shall be the obvious sign of the onset of this phase. Patient/ Child needs emotional support, to be Loved and Comforted, this is the period when our LORD sweated blood. This is when our True Nature Begins to SHINE!!!!!!!!!!!!!! (or not in the case of the wicked this is when the bitter, poisonous, filth spews forth from their mouths, revealing the dark spirit and soul housed within the deteriorating clay vessel)

End Stage – EXTREME, EXCRUCIATING PAIN CONTROL PHASE - System Failure is inevitable without Divine Intervention. The Spirit will finally be free (AND FLY AWAY UNTO OUR WAITING LORD AND MAKER INTO HIS LOVING PRESENCE AND ARMS) yes, the Spirit will finally be free of the dead weight and pain of this decaying body of dust shortly after pounding heartbeat heard in ears lasts more than ten minutes at a time.

During first three phases as long as the patient, gifted person, is able they should use saunas (not too hot), spas, swimming pools to float relax stretch and try to relieve aches and get rid of some of the toxic overload occurring in their bodies. Yoga-like stretching, Breathing and meditation exercises, getting in tune with the body (Bio-feedback meditative techniques) and learning how to relax specific areas of the body at the sufferer's will, should all be implemented upon diagnosis. Monthly liver/ gall bladder cleanses help, more frequent if patient chooses but not more than 3 day interval every week. Bi-weekly should be considered maximum frequency but a few with stronger livers may elect the 3 day cycle/ week. The SPIRIT OF TRUTH shall be their guide. (Please DO as they say, these people are in tune with the very SPIRIT OF GOD!!!!!!!!!!!!!!) The diet suggested by Inspiration of the Holy Ghost and by the Virtues of Wisdom, Knowledge and Understanding is NOT set in stone but to serve as a basis for eating to live and be healthy. The Child of GOD may have unique organ involvement which calls for a specific course of action. The Internet should be made available at least one hour each day to each person afflicted that desires to do their own research to find the right foods and herbs for their particular situation, and/or expert researchers listen to all the symptoms presented and enter those into a search engine to find the suggested diet/ herbals for them. REGARDLESS, PLEASE DO AS THEY ASK; YOU CAN NOT IMAGINE WHAT THEY'RE FEELING!